

ANNUAL REPORT OF CAPUCHIN KRISHIK SEVA KENDRA® 2021-2022

Introduction

'To serve is beautiful, but only if it is done with Joy and a Whole heart and a Free Mind'

On behalf of the Governing Council of the Capuchin Krishik Seva Kendra® I am immensely glad to present before you the members of the General Body of the society, the Annual Report of the various projects and activities undertaken by the Society for the period of 1st April 2021 to 31st March 2022. During the year the governing council met four times to plan, discuss and decide the implementation of the various projects and activities of the society. As an organization, Capuchin Krishik Seva Kendra® is growing progressively in the areas of agricultural activities, community development programmes in the rural areas, De-addiction and Rehabilitation of the victims of various substance abuse, Education and Rehabilitation of the Special Children, etc. This report highlights the significant progress of the Society during the financial year towards the needy and deserving individuals, families, communities in and around Belthangady, Mudigere, Bhadravathi, and Alur Talukas of Karnataka State.

The following are the units of the capuchin Krishik Seva Kendra® which implemented the projects with their detailed report.

1. Dayalbagh Agricultural Training Institute (DATI)
2. CKSK-Dayalbagh Rural Development Programme, Laila, Belthangady.
3. CKSK- Dayalbagh Rural Development Programme, Banakal
4. Asha Kiran- Integrated Rehabilitation Centre for the Addicts (IRCA), Bhadravathi.
5. Asha Kiran Centre for De-addiction and Counselling, Palya

1. Dayalbagh Agricultural Training Institute (DATI)

1.1 Training Programme

1.1.1 Students for the Apprenticeship Programme: During the reporting period two students enrolled themselves for the course. They had the aptitude and began well the apprenticeship programme. As they were pursuing their training programme within a period of two months one of them discontinued stating personal reasons. However, the management did its best to convince him but they yielded no result. The other student also mean time left the course due to discouragement by the sudden departure of his companion. Therefore, regular apprenticeship program could not be carried out.

1.1.2 Difficulties in Online Registration: While doing the online registration of the DATI, complications are faced regarding the basis training partner (BTP). It demands certain questions which are mandatory to be filled. Questions such as power back up facility document, fire safety document, first aid kit document, type of construction centre, cleanliness and hygiene, equipment etc., Since DATI building do not have these facilities, we cannot proceed ahead in online registration.

1.1.3 Short Term Courses: Even though there were no regular students for the current year, yet short term courses were held to the students who are residing within the campus. During the week ends and during the longer holidays, a brief training on the garden and nursery maintenance was given.

1.1.4 Awareness Programmes: During the reporting period two awareness programmes were conducted. One for the MSW students from St Aloysius college and the other for the young female religious group who came here to have first-hand information and knowledge on agriculture and farming. For the students it is something new and they expressed their satisfaction of knowing new things. The cost of the awareness programme was borne by the DATI.

1.1.5 DATI Nursery: During the current year DATI Nursery has succeeded in generating few areca and coconut and pepper saplings. Those plants were mostly used for the dayalbagh farm and few of them were given the poor farmers who are known to the institution as a gift. Due to the lack of workers nursery maintenance is not possible.

1.1.6 Arrival of the New Tactor: It was a long-standing requirement of DATI to buy new tractor. The old tractor which was 43 years old and was serving the purpose but then the repair cost and the unavailability of its spare parts was very difficult task. When need was expressed to the president, without hesitation permission was granted to buy new tractor. The new tractor is registered under the name- the Secretary of the CKSK society. The old tractor is returned to the same company dealer and a written paper regarding it is preserved.

1.2 Dayalbagh Farm:

1.2.1 Farm in General: Dayalbagh farm has made immense progress in last couple of years and it is visibly seen. At the same time a lot of investment is also done to upgrade the garden. Worker's scarcity and limitations always there yet managing the show with the human resources that is available. The farm management remains ever grateful for those regular workers who have been rendering their selfless service for many years. In the current year lot of time and work energy is spent mainly on areca and coconut garden. Many of the garden plots have been renewed, re-planted and roads have been prepared. With this facility, the tractor runs to the nuke and corner of the garden. As a result, lot of time, energy and work force is saved.

1.2.2 Plantation of the new areca and coconut saplings: First of all, due to heavy storm and thunder and also due to sickness farm loses many trees every year. So, the lost tree is replaced by a sapling in its place. We have succeeded in doing and garden looks complete. Secondly, where areca trees have grown sufficiently old, replacement is done by planting in between the old trees. In the course of the time, we need to cut down the old trees. So, around 2500 areca saplings and 150 coconut saplings have been planted during the year. Besides that, other valuable tree- saplings are also planted. So, maintenance of these new plants is always a struggle.

1.2.3 Generation of bio- organic Manure: Another advancement in the garden is generation of bio manure. Except for paddy cultivation, dayalbagh farm has stopped using chemical fertilizers. All the outlet water of the cowshed and pigsty and the dung-waste of the cows, pigs, poultry, goats, rabbits are used as perfect composed manure. With this experiment the young trees look healthy and productive.

1.2.4 Rubber Crop cultivation: In the previous year one family- tapper was doing job for dayalbagh farm in the Rubber crop cultivation. But during beginning of the reporting year, he abruptly discontinued due to his family reasons. It was a struggle to find a genuine tapper who could do the job for the farm. Then management decided to lend trees for lease. Accordingly with permission of the President Rubber crop is given for lease for a year. So far things are working perfectly. Giving rubber trees for lease is big relief in the work-load and sufficient attention could be given for the areca and coconut cultivation.

1.2.5 Dairy and Piggery: Since both dairy and piggery contribute largely to farm, it is handled with utmost care. We do not allow any outsider to enter dairy farm and pig farm just to protect them from diseases. Cows are reduced in number and dairy is running in a healthy way. After corona pandemic Piggery market has reduced a bit yet significant progress and contribution piggery has made.

1.2.6 Goats, Ribbits and Poultry: Just like cows and pigs, the goats, rabbits and local chickens are also very close to the heart of dayalbagh farm. These domestic animals and birds contribute in their own way in a small scale and we are happy. These are also part of entertainment and show during the visitors to the farm. We cannot venture into large scale due to continuity and lack of labourers.

1.3 Future Challenges:

- a. Continuity of the regular two years apprenticeship course will be a big challenge. Students are difficult to get even after much publicity.
- b. Repair and maintenance of the DATI building.

c. Problem of lack of daily labourers. For a long-term crop, we cannot depend solely on the labourers of the northern state of India. The only reason is that they work only for a year or two. At times during the year discontinue job abruptly.

d. It is very difficult to oversee entire campus and the work by one man. At the end of the day, it is too tiring and justice cannot be done to all the sections of work.

2. Capuchin Krishik Seva Kendra, Belthangady

List of Abbreviations

S.N	Short Form	Abbreviations
1	ADL	Activities of daily living
2	AOPB	Annual Operating Plan & Budget
3	CDP	Child Development Project
4	CDPO	Child Development Project Officer
5	CFI	Child Fund India
6	CP	Child Protection
7	CRCs	Child Resource Centers
8	CVS	Child Verification System
9	CWC	Child Welfare Committee
10	DCPU	District Child Protection Unit
11	DD	Deputy Director
12	DFC	Designated Fund for Children
13	EEE	Entrepreneurship, Employability & Empowerment
14	FCCD	Field Coordinator for Child Development
15	FY	Financial Year
16	HIV	Human Immunodeficiency Virus
17	ICDS	Integrated Child Development Scheme
18	IEC	Information Education & Communication
19	IGCL	Inter-Generational Coping & Learning Kit
20	IQ	Intelligent Quotient
21	JJ	Juvenile Justice
22	JJB	Juvenile Justice Board
23	KCRT	Karnataka Child Rights Trust

24	KSCRPC	Karnataka State Children Rights Protection Commission
25	KVK	Krishi Vigyan Kendra
26	LLB	Bachelor of Laws
27	LPs	Local Partners
28	LS	Life Stage
29	MCS	Mail Control Slip
30	MLT	Medical Laboratory Technology
31	MUDRA	Micro Units Development & Refinance Agency Ltd
32	NGOs	Non-Governmental Organizations
33	PDOs	Public Development Officers
34	PHC	Primary Health Centre
35	PLB	
36	POCSO	Protection of Children from Sexual Offences
37	PTA	Parents Teacher Association
38	PUC	Pre-University Courses
39	RESTI	Rural Self Employment Training Institutes
40	RIE	Reading Improvement in English
41	RIP	Reading Improvement Program
42	RL	Response Letter
43	RTE	Right to Education
44	SDMC	Shri Dharmasthala Manjunatheshwara College
45	SDP	School Development Plan
46	SEL	Socio Emotional Life skill
47	SHG	Self Help Group
48	SIM	Skill Improvement in Mathematics
49	SJPU	Special Juvenile Police Unit
50	SMC	School Monitoring Committee
51	SMI	Sisters of Mary Immaculate
52	SR	Sponsor Relation
53	SRC	Sponsor Relation Coordinator
54	SRI	System of Rice Intensification
55	SSLC	Secondary School Leaving Certificate
56	SWI	System of Wheat Intensification

57	TLM	Teaching Learning Material
58	TYL	Thank You Letter
59	UNICEF	United Nations International Children's Emergency Fund
60	VCPCs	Village Child Protection Committees
61	ZP	Zilla Panchayath

2.1 Project – Child Fund India –Ujire

2.1.1 Special Support class for the Children and Youth: Support classes are provided through Child Resource Centres (CRC) for those children who find difficulties to cope up in the normal educational set up. Due to the pandemic activities were provided through online and when the pandemic subsided offline classes were provided for the children. Children made use of the library books, play materials and Inter-generational Coping & Learning Kits (IGCL). Altogether 61 children participated in the special support classes in two months.

2.1.2 Knowledge/capacity building sessions held for children and parents: This activity was organised in 15 villages of the project area. The coordinator conducted pre and post-test to the participants and explained the objectives of the session. After the session, the coordinator oriented the participants on child right and its policies and laws and conducted group activity related to child rights. The Field Coordinator for Child Development (FCCD) coordinator took the session on child psychology, the different needs of children, role of parents in child protection. 38 children and 25 parents participated in the program and gained knowledge.

2.1.3 Communities having VLCPCs formed: The training to Village Level Child Protection Committees (VLCPC) members was organized six villages. 67 members were participated in this training program. At the beginning the members were given a brief introduction about child rights, types of violence and exploitation on children such as mental abuse, physical abuse and emotional abuse etc. Later the discussion was held about the child violence and exploitations, given ideas and strategies to resolve the issues. Explained the uses of Child helpline (1098), discussed about child marriage, child labour, encouraged the members to dial Child helpline number so that they can overcome from the fear of dialling 1098. In this training the new members were elected for the year 2021-22.

2.1.4 Collaboration formed with government authorities for improved Child Protection (CP) systems& services at various level e.g. at district, state & national level: The project staffs –Ms. Emilda Pais, Program Coordinator, Ms. Merin, Field Coordinator Child Development and Mr. Ashok,

Community Mobilizer attended the meeting at Taluk Office, Belthangady on the child labour and Integrated Child Development Scheme (ICDS) Taluk level committee meetings. The issues related to the women harassment 11 cases, school dropout, the programs under ICDS schemes and the issues related to disability department etc were discussed and the authorities assured their support in resolving the same. With the collaboration of Inchara foundation conducted child labour survey training program to the staffs. This survey was conducted under the state government's child labour department. Ms. Prarthana, program coordinator trained the staffs on conducting the survey. This survey was planned to conduct in the Belthangady taluka. The shops, small industries, home based businesses and hotels were planned to cover under the survey. Altogether 20 panchayaths were visited and totally 1571 surveys were conducted and handed over to the Inchara foundation.

2.1.5 Drop out children/youth are supported to continue their education: Two enrolled children were supported to continue their education in General Nursing. Ms. Prathiksha who is pursuing her 2nd year General nursing at Mangalore and Ms. Jayalakshmi currently she is pursuing her 1st year General Nursing at Mangalore. Both the children are supported by providing Rs.15000 to continue their education. The scholarship test for the enrolled youths was held in order to provide scholarship supports to continue their higher education. 38 children participated in the test and the beneficiaries were selected based on their score in the test, non-DFC (Designated Fund for Children) children with poor economic condition. Each youth was given Rs. 4000/- for their higher education. In total Rs. 80,000 was provided to the youths.

2.1.6 Library developed: The project supported four rural government schools in order to develop their library and science lab by providing cupboards worth of Rs. 21,000, the library materials of Rs. 22,948, science lab materials of Rs. 34,984. As per the plan, the project distributed the library and science lab materials to the underdeveloped rural government schools and 565 children are benefiting through the program.

2.1.7 Adolescents and youths received career guidance support: The project had conducted the career guidance training to adolescent and youths at CKSK. 31 youths were oriented on the different educational and career opportunities after their SSLC, PUC, Graduation, Post-graduation, and different career opportunities after they appear for their competitive exams.

2.1.8 Monthly child club meeting: The project coordinator oriented the community mobilizers on the monthly themes, follow up procedures, collecting children activities and photographs, house visit, follow up through phone calls etc. All the community mobilizers discussed planned the monthly theme such as "International day of family", "Waste Management", "Environmental Day", "Independence day", "Teacher's day", "Gandhi Jayanthi", "Children's Day", "Farmers Day", "Republic day", "Science Day" and "Women's Day" etc on monthly basis. Based on the themes,

children were asked to send their drawings, poem and essay writings on the theme. Altogether 1858 Children participated in the Quarter 4 of FY 21 and Quarter -1, Quarter -2 and Quarter 3 of FY 22.

2.1.9 Start-up fund to initiate the business – Agri and allied based, off-farm based (for e.g. - Mushroom cultivation, vegetable, SRI, SWI, animal husbandry etc.) Forty farmers of the project received the paddy seeds and organic manure to startup the agricultural work. This support will help them to continue their agricultural work to get good income and to secure food as well as to contribute to the national economy and to meet the needs of the local population. In the initial months families in villages struggled to get food to maintain health care. The Organization has distributed 7 food basket kits to 7 enrolled families. The food basket kit consisted of Sugar 1 KG, Pova 750 Gm, Jaggery 1 KG, Moong 1 KG, Red Channa 1 KG, Wheat Flour 1 KG, Toor Dal 500 Gm, Rava 1.5 KG.

2.1.10 Communities socialized on PACT EEE program model: The organisation printed the Information Education & Communication (IEC) materials on PACT (EEE) Entrepreneurship, Employability & Empowerment program model provided by ChildFund India. Project coordinator distributed the materials to nine youth clubs and child club members and 105 youths and children are trained on the modules and related activities such as group discussion, presentation, skit etc were organized in the clubs based on the models.

2.1.11 Staff and core group members oriented on PACT EEE program model: All the five staffs such as Project Officer, Field coordinator for Child Development, Program Coordinator, accountant and community mobilizer participated in the training session on PACT EEE model facilitated by Mr. Ananth Kumar, Specialist-Livelihood in which the components budgeted in the AOPB was explained and supported the team to plan and budget for the FY 22.

2.1.12 Youth groups formed & strengthened: The project coordinator oriented the community mobilizers on the functions of youth clubs, need of building rapport with youths, conveying youths on monthly themes, assigning different activities to the children based on the monthly theme, collecting the photographs of the performance through phone and keeping the track of activities. Coordinator discussed the monthly theme “International day of family”, “Waste Management”, “Environmental Day”, “Atidonji dina” (a culture celebrated during Ashada) “Independence Day”, “Teachers day”, “Gandhi Jayanthi”, “Children’s day”, “farmer’s day”, “Republic day”, “Science Day”, “Women’s Day” in the youth clubs. Altogether 1322 youths participated in the youth club meeting in Q1, Q2 and Q3.

2.1.13 IEC materials for PACT EEE produced: Thirteen types of IEC materials were printed related to Dengue fever, diabetes, H1N1 & rabies, drug abuse, have you crossed your 18 years?, dividing waste and waste management, pesticides causes different diseases, laws to control tobacco use, Arogya Karnataka, National de worming day, Vitamin A, Rabies, Iodine deficiency etc. 150

copies of each materials were printed, distributed and trained the children, youths, caretakers, stakeholders on the same.

2.1.14 Youth groups formed & strengthened- life skill training: On 19/03/2022, 26/03/2022 and 27/03/2022 life skill training to the youth members was organized at Laila, Navoor and Belal. 28 youths were actively participated in this training.

2.1.15 Youth groups formed & strengthened- Gynaecological session: On 20/03/2022 thirty female youths were participated in this training program. Ms. Merlin from Primary Health Centre Neria was the resource person of the session. In the session she explained about the menstrual such as Menstruation, the follicular phase, ovulation, and the luteal phase. After that had explained how to track menstrual cycle, causes to irregular menstrual cycle, the importance of hygiene during menstrual cycle, washing their hands, changing of their pads every 4-6 hours, the disorders and the treatment for menstrual disorders such as Dysmenorrhea, Premenstrual syndrome, Metrorrhagia, Menorrhagia, Amenorrhed, Oligomenorrhea.

2.1.16 Youth members trained to identify various issues affecting them: Youths were explained about the types of issues related to community such as Water problem, Street light, Transportation, Hospital and medical, Bustand, public toilets etc. After that coordinator formed two groups of five members and informed them to list out the issues which were affecting their daily life. Youth club members of 2 groups were discussed the issues and listed out and presented. The resource person helped them to write the appeal to the local government. On 06/02/2022, members of pragathi youth club, belal has given an appeal to panchayath authorities to provide a place for CRC in old Anganavadi building.

2.1.17 Youth group members trained on leadership skills through the master trainers: The materials were provided by the ChildFund for printing. Two copies of each module were printed. The Modules are Personal competencies, Problem solving and managing conflicts, Effective work habits, Healthy life style, Sexualities, Diversity, Entrepreneurship, Role of youth in development etc. The coordinator explained the objective of the session and conducted pre-test and post-test after every training. 100 youths participated in the training.

2.1.18 Festivals organized to promote the leadership qualities among youth: On 19/02/2022 and 20/02/2022 youth festival was organised at Laila and Ujire. Activities were conducted to strengthen the power of the youths and given prizes for their outstanding performances. Cultural programs such as dance, skit, mimicry, songs etc., were performed by the youth club members. 105 youths were participated in the youth festival.

2.1.19 Life skill module printed in local language: CKSK with the support of ChildFund India had printed Life skill module in English language. The materials were provided by the ChildFund India.

Altogether 8 types of modules were printed such as 1.Role of youth in development, 2.Entrepreneurship, 3.Diversity, 4.Sexuality, 5.Healthy Lifestyles, 6. Effective Work Habits, 7.Problem Solving and Managing Conflicts, 8. Personal Competencies. These modules have been used to train the youths in youth clubs.

2.1.20 Career guidance provided to needy youth: Aptitude test was organized for 10th, 12th and degree youths to assess their conceptual understanding in scientific manner to help them to choose better career opportunities. Resource person Fr. Manoj Victor Dsouza, the Director of Kripa Kiran, Counselling Centre Nitte, Karkala had conducted the test. After the test the youths are provided face to face counselling session to explain their test results and based on their individual interest the counsellor guided the youths the courses and the jobs can be selected to become successful in their career. 40 enrolled children were participated and benefited by the session.

2.1.21 Interested youths are provided training on livelihoods: The resource person Dr. Ravi Kumar Veterinary doctor trained the participants on Diversity of breads, Introduction of breeds, selection of the best calves forage crop, supply of balance food for dairies, nutritional deficiencies, Associated with consumption of dairy foods, Diseases in cattle, regulation of pure milk production etc. After that resource person trained the participants on Goat rearing, schemes for Goat and cattle farming. 20 enrolled families participated in the training and benefited by the program.

2.1.22 Selected youth are provided exposure on successful business models: The participants are selected based on their interest, availability of resources and based on their geographical condition. The participants are taken for the exposure visit to the farms and the experts trained the participants on cow farming, poultry and honey bee. Ms. Geethanjali trained on cow farming, Mr. Shivananda trained the participants on honey bee farming and Mr. Yashodhara trained on poultry farming. Altogether 15 participants including enrolled youths and their parents participated in the visit.

2.1.23 Trained youth who belong to most needy category are supported with start-up funds to initiate business: Eleven enrolled children and their families are supported to establish their own business such as cow farming, poultry, pig rearing, goat rearing, honey bee farming etc. Three children are supported for honey bee farming by providing Rs. 8000 each. Five children are provided of Rs. 15000 to establish cow farm, two children are supported by providing Rs. 10000 for poultry farming and one child is supported for pig farming by providing Rs. 11000 as start-up fund for their business.

2.1.24 Trained youth who belong to most needy category are provided with tool kits and equipment: Ten youths who are supported to start up their own business was financially supported

to purchase tool kits for cow rearing, poultry, goat farming and honey bee farming. Rs.2000 was given to each participant to purchase the different tools for their farm.

2.1.25 Staff trained on Risks and vulnerability assessment: The five project staffs were trained on the risk assessment and the vulnerability assessment. Under risk assessment, the staffs were oriented on recognizing threats and threat actors and the probability of the factors that will result in an exposure or loss. Under vulnerability assessment identifying, quantifying and prioritizing the risk and vulnerabilities were discussed.

2.1.26 Needy parents / care givers are supported with start up funds to initiate business: The project coordinator and community mobiliser visited the needy families to verify and to collect the basic information about their family and economical background. The selection of the beneficiary was done by following the steps such as need analysis, initiating their business, their economic status, their capacity of family contribution etc. The documents such as applications, bank details, Adhar card, shop agreement copy, bills, photos etc were collected. Organization distributed the financial assistance of Rs.8000/- to the child Rakshitha's - family to improve their petty shop business.

2.1.27 Capacity Building to Project & Child Development Project (CDP) staff on quality sponsorship management: Ms. Shrividya Tantry, Officer Child Development oriented the LPs on Sponsor Relation. In the meeting the following topics such as child sponsorship, basic accountability, sponsorship commitments, enrolment criteria, child information forms, new enrolment photographs, departure criteria, different sponsorship status, types of communications, child status slip and Mail Control Slip (MCS), SR documentation-hard copy in individual file & soft copy in one drive, child's individual folder, contents and checklists in letter, addressing the sponsor, DFC, process for DFC, content of TYL, reply letter, content of RL, responsibility of SRC etc. The Project Officer, FCCD and Community mobiliser participated in the session.

2.1.28 Strengthening of CDP Committees (Quarterly meetings): The project staffs informed the parents, children and stakeholders about the Child Development Program committees and the reformation was done. Children, Parents and stakeholders gained and improved their knowledge on Sponsor Relation activities and the DFCs etc. Altogether 120 participants including enrolled children, parents and community.

2.1.29 Strengthening of Youth club leaders / youth volunteers for CDP activities: The program was organized in three clusters-CKSK, Bangady and Malebettu for the convenience of the youths. 24 youth representatives participated in the session. Youth representatives in each clusters welcomed the participants, Mr. Ashok and Ms. Savitha, Community mobilizers oriented the youth about the

program and its importance. Ms. Merin, FCCD conducted the session on Child Development Program activities that the project had planned in FY22 under education, Livelihood and CCP.

2.1.30 Hygiene Kit: The participants improved their knowledge on hygiene and the usage of different materials used to maintain our hygiene and it will bring changes in their attitude and behaviour. 84 children were supported by providing hygiene kits of Rs.500 each.

2.1.31 Intergenerational coping and learning kit: The Program Coordinator, Ms. Emilda oriented the children and parents about the need and importance of the program, Ms. Merin FCCD explained about the usages of all the materials distributed. 44 Children were supported with Chess board, Board Game, water color, pen, scale, pencil, painting brush, eraser craft paper, drawing book, sketch pen, glue, bag, scissor, ludo etc worth of Rs.1000 per child.

2.1.32 Emergency Support: The Organization has provided emergency support to the enrolled children on in times of health, housing material, educational and hygiene and for the children who were COVID positive. Altogether 15 children supported during their emergencies.

2.1.33 Food Basket: The project had provided the food basket to two enrolled children (differently able) of the project. Ms. Suhasini of Belal Village and Mr. Avinash of Guripalla village. Both the children are of single parents.

2.2 Project – Child Fund India –Gangavathi

2.2.1 COVID -19: The unspent amount under this activity was planned to distributed food basket to enrolled and community children families. The food basket distributed to 58 families during the COVID – 19 critical situations. The food basket contains the nutrition food such cereals which are high in proteins and vitamins.

2.2.2 Special support class for the children and youth: In the project area due to COVID – 19 lock down all 6 special support classes were closed. The support class was opened only for issuing the books and sports materials during the pandemic time. However, after the pandemic the CRCs were opened as regular to help the children in their academics. In these support classes regularly attend the 198 enrolled children, and 126 non enrolled children.

2.2.3 Adolescent and youth received career guidance support: The children those who have wrote and waiting for admission, are trained on the career guidance. Explained 10th grade pass out children about Arts, commerce, Science, Para Medical and job-oriented course are available for them. Those who have completed the 12th grade explained about the degree courses and subjects, paramedical course and job-oriented course. 2 trainings were conducted in this quarter and 42 enrolled children, and 1 sibling participated in the activities.

2.2.4 Children/Youth supported for better transition and regular to school: The financial support was given to 22 children in the first quarter. 42 children attended scholarship test. The test paper contains questions on organization, project (CFI), general knowledge, science and current affairs. 35 enrolled children and 10 non enrolled children participated in scholarship test. 20 enrolled children and 2 non enrolled children received the scholarship.

2.2.5 Youth are trained and awarded on Indian constitution and democratic: The youths were participated in the training. The training conducted on Indian constitution and democratic. The resource person explained about the History of the constitution, preamble of the constitution, and articles of the constitution in detailed to the participants. 96 enrolled children and 49 non enrolled children were participated in the training.

2.2.6 SMC/SDMCs are trained on school governance and advocacy: SMC members trained on their roles and responsibilities, history of SMC, how the SMC formed and school governance. Explained in details about school development plan. 52 SMC members were participated from the 22 schools.

2.2.7 Children regularly visiting the library: Organisation had established 10 libraries at government school. Keeping in mind the COVID 19 rules skill development activities were conducted. Children were awarded for their best performance. Total activities conducted 10 and 263 enrolled and 580 non enrolled children were participated in this activity.

2.2.8 Due to COVID – 19 the gathering of children for activities are cancelled and the budget has been utilized for the distributing the food basket to 8 families. The books purchased on CP and other motivational books and opened the library in project office.

2.2.9 Training and support youth/ Marginal - goatry (Goatry): In order to promote the agricultural activities, the organization helped the enrolled families and awareness was created in the community. 41 enrolled and 3 community families were supported for the seeds and organic manure.

2.2.10 Career guidance provided to needy youth: Needy youths were trained on career guidance in two sessions at RESTI (Institute which gives variety of training youths on livelihood such as tailoring, computer, mobile repair, dairy forming so on). 58 enrolled children, 2 siblings and 20 non enrolled children were participated in these activities.

2.2.11 Interested youth are provided training on livelihoods: Under this activity 21 beneficiaries are given tailoring training at RESTI, Koppal. The institute trains the beneficiaries for 30 days on different stitching techniques. 10 parents and sibling attended the goatry training.

2.2.12 Staff and core group members oriented on PACT EEE program model: Staffs were trained on PACT EEE Program model through online. Support class volunteers, project staff attended the training. Six support class volunteers and four project staff attended the online training.

2.2.13 Youth groups formed & strengthened: Six youth groups were formed in the project area. In this financial year explained about entry and exit policy of Youth Club. Youth groups were trained on the CP, identifying the youth issues, visit to the departments so on. The youth clubs were reformed and office bearer were elected. 90 enrolled children, and 25 non enrolled children were member of the youth club in project area.

2.2.14 Youth federations formed & strengthened: The representatives of the youth clubs are the members in the youth federation. They become the bridge between organization and the youth clubs. The participants were trained on their roles and responsibilities. 22 enrolled children and 8 non enrolled children participated in this activity.

2.2.15 Youth members trained to identify various issues affecting them: Youth club members were trained on how to identify their issues. Youths were explained about the types of issues related to community such as Water problem, Street light, Transportation, Hospital and medical, Bustand, public toilets etc. After that coordinator formed two groups of five members and informed them to list out the issues which were affecting their daily life. Youth club members of 2 groups were discussed the issues and listed out and presented. The resource person helped them to write the appeal to the local government. The youth club members planned to give the first letter to the bus station and after that they planned to approach Gram Panchayat during children gram sabha. 76 enrolled children and 17 non enrolled children participated in the activity.

2.2.16 Parents / care givers are provided with livelihood training - Agriculture / Animal husbandry / Poultry / Micro enterprises / others: The training was conducted on agriculture and allied business to farmers in project area. The training conducted in coordination with Krishi Vigyan Kendra (KVK), Gangavathi for one day. The scientist from KVK trained the participants on various farm and nonfarm livelihood activities. Major topics covered on the how to grow the paddy, Maze and Bajara soil testing, water testing and pesticide to be used and its limit. Two trainings were conducted for farmers. 82 enrolled children parents and 13 non – enrolled children parents participated in trainings.

2.2.17 Needy parents / care givers are supported with start up funds to initiate business: The needy parents were supported with start – up funds to initiate their Kharif agriculture activities. Paddy, Maze, and Bajara seeds and two bags (each 50 kgs) were distributed to the needy parents. The selection of parents was done on the bases of small farmer (below 1.5 acre), those who are not getting DFC or regular DFC, and those who are attended the training on agriculture. 71 enrolled parents and 4 non enrolled children parents are benefited.

2.2.18 Exposure visits to successful business models: The exposure visit was conducted to youth and parents those who have completed the training on Livelihood under RESTI and KVK on different

livelihoods like, tailoring, goat/sheep rearing and mobile repair. The exposure visit was to the Krishi Vigyan Kendra Gangavathi and Kishakinda Trust Anegundi (a working on household craft center). 11 enrolled children and 28 enrolled parent and 5 non – enrolled participated in the exposure visit.

2.2.19 Sensitization sessions on child rights, protection and advocacy held for adolescent youth:

In this session explained about the child right, child protection policies, children services like 1098 childline, CWC, JJB, DCPU, SJPU and other related departments for child wellbeing. 81 enrolled and 12 non enrolled youths attended the training.

2.2.20 Panchayats discuss CP related issues in their meeting/ gram sabhas:

Two children Gram Sabha conducted in coordination with Gram Panchayats. Different village children were participated in the Children Gram Sabha. Our organization representative briefed about the importance children gram sabha and child rights. Children spoke about the various issues affecting them for the better education. 64 enrolled children and other school children were participated in the children gram sabha.

2.2.21 IEC materials for PACT EEE produced: The PACT EEE, IEC materials were printed on health, youth's health and bad habits with prior approval from CFI. The IEC materials distributed to the 6 youths club in the project area.

2.2.22 Youth group members trained on leadership skills through the master trainers:

Leadership skill training was conducted youth club members; the materials were provided by the ChildFund for printing. Two copies of each module were printed. The Modules are Personal competencies, Problem solving and managing conflicts, Effective work habits, Healthy life style, Sexualities, Diversity, Entrepreneurship, Role of youth in development etc. The coordinator explained the objective of the session and conducted pre-test and post-test after every training. 67 enrolled youths and 21 non enrolled youths were participated in the training.

2.2.23 Festivals organized to promote the leadership qualities among youth:

The youth festival organized in the project area. Three youth club members participated in the youth festival. In youth festival various competitions were conducted to youth such as script play on youth club formation, rangoli competition, speech on youth club importance at village level, folk dance, etc. 95 enrolled 65 non enrolled youths were attended the youth festival.

2.2.24 Members of youth groups trained on life skills:

Three Life skills Trainings were conducted to youth group members. In first training briefed about 8 chapters that contain their importance in life skill. 142 enrolled youths and 51 non enrolled youths attended the training.

2.2.25 Staff trained on risk and Vulnerability assessment:

One day training was conducted to staff on Risk and Vulnerability assessment in Pothnal. In this training discussed about child rights, child protection and resource person from Child Line (Raichur) trained the staff on child line services.

In the training had interaction with staff on issue related to the children and how to solve the issues. Five Regular staff and 5 support class volunteers participated in the training.

2.2.26 VCPC members oriented on CP risks and pathways to address the same: In the previous year 14 VCPC were formed in each village. In the current year 8 VCPC were re-formed and strengthened on child protection. The awareness was given on the child protection, child rights, child help line 1098, children services at government like police department, women and child welfare department, CWC etc., the roles and responsibilities of VCPC members explained during orientation. Explained in detail about child marriage and child labor and risk the children that children are getting during COVID -19 pandemic. 120 enrolled parents and 26 stake holders participated in these activities.

2.2.27 Knowledge/capacity building sessions held for children & parents: The orientation was conducted to children/youths and their parents on child protection. In this training explained about Child Protection and Child Rights. 33 enrolled children, 45 enrolled children parents, and 13 non enrolled children participated in these activities.

2.2.28 Type of mass awareness campaigns held: The campaigns were conducted in 8 villages. The child protection activities were conducted at school. During rally IEC materials used on child protection such as handout, pluck cards, slogans were shared on child protection. 94 enrolled children and 388 non enrolled children participated in the campaign.

2.2.29 VCPC members oriented on CP risk and pathways & address the same: The training began with introduction of participants and welcome session. Later on, explained about the child rights and child protection, government child services, department working for children and so on. In this training DCPU staff had interaction with participants on various children issues. Resource person explained about JJ act, Adoption procedure and law, POCSO act, child marriage act, child labor act. 186 enrolled parents and 54 non enrolled parents attended the training.

2.2.30 Strengthening of CDP Committees (Quarterly meetings): In project area 14 SR CDP committees were formed. Explained their roles and responsibilities. Explained about current year activities under education, Livelihood, Sponsor Relation program. Discussed about SR communication and children letter, explained DFC amount, Child Progress Report and CVS. 117 parents, 3 siblings and 10 non enrolled parents/ stake holder participated in these programs.

2.2.31 Hygiene Kit: Health Emergency: The financial support was given to the enrolled children in this year. A few Children were underwent the treatment for various health issues and they are treated. Three enrolled female and one enrolled male children receive the health emergency service.

2.2.32 Intergenerational coping and learning kit: In project area 110 children were planned for the IGCL kit distribution. The IGCL materials contain books, pen pencil, scale, eraser, drawing

sheets, crayons, white papers, water color, brush, skipping, drawing book and book to enrolled children and community children under LS – 2.

2.2.33 Children Club: In project area 10 children clubs are formed. Support Class volunteers and field staff conduct the meeting/ training once in a quarter. In the meetings discussed about children issues in village and in school and planned to minimize the issues in hostel. 87 enrolled and 68 non enrolled children participated in the meeting.

2.2.34 Karnataka State Children Rights Protection Commission (KSCRPC), Bangalore: KSCRPC conducted the district level and zonal level meeting in Koppal DC office. Nine Children from CKSK participated and District level and four children were selected for the zonal level children hearing.

2.2.35 Safe and Unsafe touch Training: The training was arranged by the district administrative, ZP, Women and Child welfare department and UNICEF for one day. Two project staff had attended the training. In the training discussed about POCSO, Child Rights, and safe and unsafe touch. Discussed on different acts supporting children in various issues.

2.2.36 Human Trafficking: District Legal Service unit had arranged the one day training on Human Trafficking with special reference to the Children. Two staff participated in the training.

2.2.37 Karnataka Child Rights Trust: KCRT had arranged two days training on CP planning and Child Rights. One of the staff attended the training at Bangalore. In the training learnt about how to do the planning for child protection and child protection ACTs.

2.3 Project – MANOS UNIDAS

2.3.1 Treatment, Rehabilitation and counselling- i) Psychologist/counsellor: An IQ testing conducted by the psychologist are usually aids the teacher to assess what level of educational support is appropriate for a child. It helps the professionals to understand where the child is, what types of education to be provided etc. It helps to measure an individual's mental agility and helps the teacher to offer extra support to the children. The Intelligence testing was done by the department of psychology of SDMC Ujire and had provided the test scores and based on the scores and performance the children are segregated and allotted to the different classes. 20 children were underwent the testing and benefited by the program. Along with the testing the counselling session for the children and group counselling session for the parents were also conducted to motivate the parents with Cerebral Palsy children to accept the reality of their children and to provide maximum care and support for their improvement. It was held by Manoj Victor D' Souza, Clinical Psychologist, Kripa Kiran Counselling Center on 4th December 2021. 30 parents participated in the session and improved their knowledge and capacities.

2.3.2 Physiotherapist: Our regular physical therapy program provides physically challenged children with opportunities to reach their optimal functional ability. It includes activities and exercises for strengthening, stretching, range of motion, relaxation, endurance, head and trunk control, gait training, sensory integration, and gross motor challenging. The school has 94 children with various mild to severe physical challenges belongs to 4-20 years of age group. Among them 15 children need daily care and attending the sessions regularly. The activities are done based on the children's history of present illness and measurement of their functional status i.e., the ability of the child to perform their ADL activities (Activities of daily living). The time of session varies from child to child depending on their strength, endurance and their capacity (30-45 minutes). 14 children are performing better after receiving the regular physiotherapy sessions at school.

2.3.3 Regular Speech and hearing therapist: Speech language therapy address challenges with language and communication. The overall goal is to help the children communicate in more useful and functional ways. Each child will have a different outcome depending on his or her particular challenges and abilities. Altogether 26 children are attending the speech and hearing session where 11 children are newly joined for the therapy. 7 children achieved imitation and some of them have nonverbal imitation, 4 children have improved in social interactions like command following, greeting, wishing and requesting (above 75% of kids have that), 5 children have improved their eye contact, attention, sitting behaviour, eye-hand coordination and comprehension (in PLB), 6 children have improved in articulator placement (organ placement) of tongue, lip, teeth, jaw, palate etc.

2.3.4 Emergency needs to medical support: Through the activity the project had purchased the medical equipments, medicines, first aid boxes, hand sanitizers, hygiene kits etc for maintaining the health and hygiene of the children in the centre. This activity supported the teaching of basic etiquette skills to the children such as washing hands, brushing teeth, combing hair, applying sanitizers etc. The project has also purchased BP apparatus for the health check up of the children. The medicines for common fever, diarrhea, vomiting, pain killers, pain killer tablets and sprays, band aids, dusting powders, Goss, ointments etc were purchased as emergency medical kit to handle any medical emergencies in the centre. All the teachers and the students are confident enough to handle the emergency situations. Now the teachers are efficiently handling the emergencies in the centre and providing the better care to the children.

2.3.5 Nutritious food and mid-day meal: Nutritious food plays a major role in every child's life. Healthy eating is essential for child's good health, growth and development. The project by considering the need of the children had provided the nutritious food to the children to develop their physical and mental strengths by providing healthy breakfast with milk, lunch (rice, curry Veg & non veg), and side salad with sweet, evening tea with biscuits. This will help the malnutrition children to

improve their nutritional level in the body and the children with obesity to have controlled nutritious diet to promote their healthy growth. Children improved their health after they started to attend the school as they were denied to have in their house. Children are accustomed to eat more vegetables, fruits, meat, egg and milk which improved their health status. Children are enjoying their food time in the school and some elder children are also supporting the younger ones to feed and clean which in turn improves their skills.

2.3.6 Purchase of basic skill training materials: Under this activity we have purchased the different materials for the vocational classes such as tooth brush, soaps, tooth paste, towels etc to improve their basic etiquette and the materials such as thermacol, strings, fish wire, gum tape, craft beads, papers, cutter, ribbon, woolen, clay, scissor, chalk, tape, needle, bobbin, lase, thread, box, satin ribbon and so on to train the children to learn skills in vocational course.

2.3.7 Teaching and learning materials: Through this activity the charts related to birds, animals, numbers, human body, alphabets, fruits, state map, national map, means of transport, flowers, vegetables, Kannada alphabets, wild animals, colors, domestic animals, shapes etc were purchased to train the children. Along with this the models and playing materials such as rainbow rings, exotic birds, fruits and vegetables, storytelling 3D cards, inset shape board, numbering, letters and animals etc were used to teach different concepts to the children. By using the TLMs and the learning materials the children are taught the different concepts easily and these visual materials supported the children to improve their capacity in conceptualizing and learning. Children are showing improvement after attending the practical sessions on basic skills.

2.3.8 Training to the teachers on necessary skills: The organization organized motivational training to special educators, supportive teachers, coordinator and assistant staff to renew their knowledge in skill improvement and understanding the child and its development. 10 project staffs have attended 6 days skills training at St. Agnes special school Mangalore. The training was organized from 10 AM to 4 PM in the evening. The training was given on the different types of vocational trainings for children, preparation of TLMs for each class; different conceptual learning sessions, interaction with class teachers etc were organized. 10 staffs including teachers, helpers, coordinator visited the centre and received the training.

2.3.9 House visits, counselling and motivation to parents by trained teachers: The project staffs met the parents of the children of Daya School at their home and interacted about the improvements that they have observed in the last year after they attended to the centre. During COVID 19 the staffs educated the parents about the precautionary measures to be taken, to get COVID 19 vaccination, convinced them to send their children to the centre after the school is reopened. Parents gave positive response about their children's improvements and are happy with the centre based activities and in

the initial stages the staffs and the therapists used to visit the children's house and were conducted the trainings as it is in the center. All the teachers and therapists visited 81 children during COVID 19 lockdown. 30 newly children's families were visited and convinced them to send their children to the centre. 15 children newly joined after the home visits by the staffs. 250 parents educated about the COVID 19 and vaccination.

2.3.10 Refresher training to 10 teachers and coordinator: On 23th July, 2021 the project staffs visited Manasa rehabilitation center at Udupi. The staffs interacted with the faculties of the centre and visited their class rooms, residential setups, training centers etc and gained knowledge about the different activities of the school. The staffs of Manasa explained all the activities carried out by the centre for the betterment of the children. Staffs had very good opportunity to see the best practices adopted by the organization in empowering the differently able children.

2.3.11 Consultation with parents about the development of the children: Parent teacher meeting is an opportunity to exchange observation of a child with each other. Sharing daily observation and experience provide a wider prospect for parent and teacher to plan prepare and execute planning for better learning outcome of a child. Therefore, the care givers meetings were held regularly to discuss and plan better for the improvement of the children. Parents were regular and quite supportive to organize training, programs for the betterment of the children's growth. Parents visited the centre by turn and met the councilor and their respective teacher to learn and understand more about their children. Altogether 420 Parents participated in 11 meetings.

2.3.12 Annual day program-sports & games: The annual day celebration was organized on 24th August 2021 at Daya special school. The day was mainly celebrated to provide opportunity for the children to exhibit their talent in different fields of culture, sports and games. By considering the COVID protocols, the Organization celebrated the event with only the children. Although the project planned to involve the parents in the celebration to provide an opportunity to the parents to observe their children performing on the stage or receiving honors for their talents, because of the COVID it was restricted and only the children and the staffs of the Organization were participated in the program. Cultural activities of the children such as group dance, single dance, song, action songs were performed by the children. 100 children participated in the program and exhibited their talents.

2.3.13 Skill development program: Vocational skill trainings: The vocational program for persons with disability addresses the requirements of persons with disability aged between 18-35 years by providing vocational skill building training and sustainable employment opportunities. The project has been actively involved in encouraging the availability of vocational training along with equal employment opportunities for differently able people. The program aims to promote the importance of training and employment of differently able people. Therefore, the different types of

vocational courses have been given to the children of our centre and few of them such as Craft unit, tailoring unit, Mementos, Phenyl making, Candle making, Handmade Soap, Cloth mat making, Plastic wire bags etc. 3 children have learnt stitching, 4 children are preparing cloth mats, 8 children are trained and doing craft works, 4 are doing wire bags, 10 children are doing candle and 5 children are expertise in phenoil making. The products prepared by the children are sold to the community and the visitors who visit the centre. Rs.10720 was earned by the children through various exhibition and donors visits. Still, they have worth Rs.30000 stock such as candle, envelops, phenoil, mementos, flower and flower vase, wire bags, cloth bags to be sold.

2.3.14 Training to 14 children for appearing SSLC exam: Along with the other trainings, the children are trained to appear for the SSLC exam. 3 children have attended the SSLC training last year and all the 3 had passed their exams. Current year 6 children are undergoing the training and preparing to attend their exam in the month of March 2022. The children are trained in basic subjects such as Science, Social studies, Mathematics and Kannada. A special educator was appointed to train these children to prepare them to appear SSLC board exam. Children and their parents are much supportive towards the training and children are showing better performance in the class assessments.

2.3.15 Conducting workshop to children to know the value of money cum exhibition of children's products: The project had provided a very good opportunity to the children to know the value of money by organizing an exhibition of the various products prepared by them in the vocational classes such as phenoil, candles, flowers and flower vase, woolen mat, crown, envelops, wire bag, chalk, bangles etc. The teachers trained the children how to handle and exchange the money with the costumers. First, they were given some total money and were asked sell the products that were prepared by them. Towards the conclusion of the exhibition all the children participants submitted their accounts to the teachers. Children could able to distinguish between expenditure and income. Altogether Rs.5000 income was earned that day. Above all, they learnt the value and the use of the money. 60 children and 98 parents participated in the workshop.

2.3.16 Two days adventure camp for differently able children to learn about environment: Two days adventure camp was organized for the Daya special children. Children were formed into two groups as per COVID 19 protocol. The two groups of children were accompanied by the special educators and conducted various adventurous and fun filled group dynamics, the children were taken to Sisters of Mary Immaculate (SMI) agriculture farm house where children were taught lots of scientific topics pertaining to botany subject. Altogether 40 children participated in this programme. They were provided with food and snacks. The 18 number of teachers participated in this programme. Children were introduced various botany where they learnt various types of plants, trees and vegetative world.

2.3.17 Health check-up camp: The health check-up camps were organized on 8th and 13th of January by the support of Fr. L M Pinto hospital, Badyar. Dr. Shreyas and Dr. Shruthi along with the nursing staffs visited the organization and conducted the health check-up of 28 children and prescribed the medicines and given instructions to the teachers about the children's health conditions. A camp was conducted by the faculties of Jyothi Hospital belthangady where Sr. Marilet, administrator, Dr. Anuja and the staffs visited and 35 children benefited from the program. They have identified the malnourished children and prescribed the nutritional foods to be given to raise their weight and the syrups to increase their blood count. All the children were tested for the ear, nose, and throat infections, body weight and blood pressure were checked and prescribed the medicines to the children with ill health and taught hygienic practices to be followed as precautionary measures to avoid spreading of any contagious diseases in the school.

2.3.18 Ambedkar Jayanthi: On 14th April 2021 the Organization celebrated the Ambedkar Jayanthi in Daya Special School. Fr. Vinod Mascarenhas, the Director and Fr. Rohan Lobo, the Assistant Director were the guests of the program. The day was celebrated by memorizing the good works done by Dr. B R Ambedkar to the nation and its constitution. Fr. Vinod Mascarenhas explained the Indian Constitution in gist and explained why and for what purpose the constitution was written by him, the objectives and the roles of the citizens towards nation etc. Ms. Divya, teacher of the school explained Dr. B R Ambedkar's life from childhood till his death. Ms. Zeeta, teachers explained the main six fundamental rights of Indian citizens. The staffs of CKSK and Daya School were present in the program and refreshed their knowledge and gave tribute to the great father of Indian Constitution.

2.3.19 Skill training to teachers: The training was organized at CKSK and Ms. Shobha, faculty of Sacred Heart College, Madanthyar trained 6 teachers of the Organization in preparation of soap, cloth mat, flower vase, flowers, mask, cloth bag etc. Ms. Helen, the vocational course trainer of Sanidya Special School, Ujire trained 2 teachers and 15 children in preparing the ornaments from different beads, and paper vase. The training helped the teachers and children to learn new skills and to increase their capacity to provide vocational skills to the children of the school. As per the training received from the resource person, the teachers are providing the training to the children in preparing the same and children are preparing the same and practicing more to adopt them as their livelihood. The project is happy that by learning these various skills, children can support their families as well as they can become self sustainable and lead a better life in future by earning income.

2.3.20 Onam celebration: The Organization celebrated the Onam festival along with the annual day of Daya Special School. Onam is a malayali harvest festival celebrated in the Indian state of Kerala. As the school has the malayali staffs and they by taking the initiatives celebrated the festival along with the children. During the vocation, the staffs prepared various types of vegetable curries, rice,

sweets as a symbol of prosperity and all had food together. Children felt happy by observing and participating in the events and they performed various cultural activities.

2.3.21 COVID testing & vaccination: During the COVID 19 the Organization had taken precautions towards the children and staffs by organizing COVID test and Vaccination with the support of Taluk Medical Officer and Community Health Centre Ujire and Belthangady. 44 Children and 30 staffs tested for COVID and 30 children, 40 parents and caregivers 37 Staffs vaccinated against COVID 19. These two activities were conducted in two sessions each.

2.3.22 Teacher's day celebration: In India the teacher's day is celebrated on 5th September when Dr. Sarvepalli Radhakrishnan was born. He was a philosopher, scholar, teacher and politician and his dedicated work towards education made his birthday an important day in the history of India. We remember the great work of this exemplary person on this day. Fr. Vinod Mascarenhas explained the purpose of the day, as it was Dr. S. Radhakrishnan's request that his birthday should be celebrated as an honourable day for all the teachers in the country. We celebrate Teacher's Day because teachers have been the architect of the society and without them no society can walk in the path of progression. During the celebration all the staffs and children gave tribute the great personality by showering the flowers on his photo and various funny games were organized for the teachers and distributed prizes. The teachers and children performed various cultural events and all the children wished their teachers on their special day.

2.3.23 Children's day celebration: Children's Day celebration was organized on 15th of November 2021. Fr. Vinod Mascarenhas, The Director, Mr. Lancy Periera, The President of Manjushri Senior Chamber Belthangady, the other members such as Pruthwi Rao, Pramod R Nayak were the guests of the program. Fr. Vinod Mascarenhas through his speech explained the purpose of celebrating the children's day in India as, It is celebrated across India to increase awareness about the rights, education and welfare of children. It is celebrated on 14th November every year on the birthday of the First Prime Minister of India Pandit Jawaharlal Nehru. Known as "Chacha Nehru" among children. Nehru considered children as real wealth of a nation and foundation of a society. During the celebration all the staffs and children gave tribute the Chacha Nehru by showering the flowers on his photograph. Teachers and children performed various cultural events and children are given prizes and mementos for their achievements in different games and competitions.

2.3.24 Physiotherapy room inauguration: By considering the need of the children, the project through the support of Care Givers America and the local donors was able to build the physiotherapy room and purchased the instruments to train the children in the school. Physiotherapy session plays an important role in each child's life in our centre and majority of the children have one or the other physical deformities. It helps the children to gain and keep the best possible use of their bodies. It

will also improve breathing, to prevent the development of deformities and to slow down the deterioration caused by some progressive diseases. The inauguration of the program was conducted on 6th September 2021 by Mr. Harish Kumar, MLC of Belthangady who was also a donor for the construction of the therapy room. The parents of the children are also motivated to train the children at home during the holidays and there are drastic changes among the children after providing the physiotherapy sessions at school. The Organization wholeheartedly thanking all the donors and supporters for encouragement and their financial assistance for making our dreams true and for creating positive vibes in the lives of our children.

2.3.25 Deepavali Celebration: On 4th November 2021 at Daya specials school, we had celebrated Deepavali festival. Fr. Vinod Mascarenhas, the Director and Fr. Rohan Lobo Assistant Director of the Organization were the guests of the program. By explaining the importance of the festival, Fr. Vinod Mascarenhas opined that, Deepavali is the festival of lights, celebrated in India by the Hindus, Jains and Sikhs across the world. It is called as the festival of light and the festival symbolizes the victory of the goodness over the evil. As a light, we should also spread happiness, kindness and generosity towards others. During the program the inauguration was done by lightening lamps and the children and teachers performed cultural activities.

2.3.26 International disability day: The international day of disability was celebrated on 3rd December 2021. Fr. Vinod Mascarenhas inaugurated the program and said, the day is celebrated with the aim to promote an understanding of disability issues and mobilize support for the dignity, rights and well being of persons with disabilities. Each and every differently abled child has their own capacities. We have to recognize them and to motivate their inner talents. They have got their own, unique place in the society. Society should recognize and value their talents and they need their parent's, teacher's and societies support to grow and bloom in the society. In the program children are given the opportunity to exhibit their talents.

2.3.27 Christmas celebration: On 21st December 2021 the Organization celebrated Christmas program at Daya special school. Fr. Vinod Mascarenhas, director of the organization and the branch manager of State Bank of India were the guest in the program. The guest done the inaugurated the program by lightening the lamp and congratulated the management, staffs and supporters for the quality work they are doing and rendering selfless service to the neediest children and families. Children exhibited various cultural activities in the program.

2. 4 Project – VOLKART Foundation

2.4.1 Orientation to teachers on Reading Improvement in English: The spoken English class was organised by CKSK with the support of Volkart Foundation Indian Trust from 10 to 25th October

for the selected government teachers. The main objectives of this activity were to capacitate the Supportive teachers in Proper communication in English and impart children quality education through joyful learning skills in English. The Resource Person initiated the course with brain storming session to know what exactly supportive teachers need to make them more creative to the children. They had five classes per day for learning Basic English Grammar. The classes focused on Sentences, Nouns, Pronouns, Adjectives, Verbs, Adverbs, and Tenses etc. The Resource Person made use of audio visual methods to make learning more interesting. Various group dynamic activities were conducted to make the session more interesting. 25 government teachers attended the course and benefited.

2.4.2 Implementation of RIP, SIM and RIE module by 25 Teachers: CKSK along with support of Volkart Foundation Indian trust has organized inauguration of Reading improvement and skills in mathematics program at CKSK office premises. The purpose of this activity was to raise the reading as well as learning skills in mathematics of poor and backward students and raise their result and work towards minimize the drop outs and thus retain the Government schools. Ms. Sowmyalatha Member, Zilla Panchayath Belthangady Laila Block was inaugurated the program. After the inauguration 25 recruited teachers were trained by program coordinator on the different modules of Reading improvement program & Skills and mathematics

2.4.3 Orientation to teachers on RIP and SIM Module: The 25 newly appointed teachers were oriented in RIP & SIM programs. Teachers were enlightened on objectives of the project such as how to improve reading and skills in mathematics, English in detail. The teachers were trained how to use various cards, pictures, stories in the RIP & SIM classes so as to make every syllabus graspable. It also included about intake of the students, teaching methods and assessment of the children's learning. The Project team prepared the Baseline survey format for assessing learning level of children in Reading and writing, it includes Dictation, story to read and write the answers, Imaginary story writing, Paragraph writing about a friend and also provided analysis rubric to the teachers to assess the children learning level. Teachers were trained to conduct the survey of total number of children, new admissions, special children, Teaching staff, children suffering from long term illnesses, school infrastructures like library, science lab materials, toilets, water facility, road for school, playground, vegetable garden, office room for teachers, dustbin, malnourished children, single parents etc. in their respective schools.

2.4.4 Midterm Evaluation of RIP, SIM and RIE modules: To improve reading skills of students the project instructor conducted Mid-term evaluation in order to achieve better result and monitor the progress. All 25 supportive staff and a coordinator participated in mid-term evaluation.

2.4.5 Assessment status of SDMC on school developmental plan: SDMCs and school teachers are informed about the assessment through meetings and phone calls. The assessment sheet sent to the respective schools and the filled forms were collected and assessed. The data was used during the time of capacity building training to the SDMCs. The purpose of the assessment was to assess the facilities available in the schools, source and types of information about the SDMC and the presence of supportive information of the SDMCs, awareness regarding SDMC members of the objectives, powers and duties of the SDMC. The assessment study focuses on the role of the SDMC in the school development plan and thus motivates them to take effective steps in strengthening the quality education. SMC members from 25 government schools had participated in the program.

2.4.6 Training/Planning session to parents, SDMC & PTA about school development activities: A one-day training program for the School Development and Monitoring Committee (SDMC) members was held at CKSK. The program began with the lighting of the ceremonial lamp by Ms. Evlyin Bennis Faculty of Roshni nilaya, School of Social Work, Mangalore. The resource persons Mr. Joslyin T Lobo and Ms. Evlin Bennis, trained the SMCs on RTE Act 2009, Functions of SMCs, Major role 1- SMC development plan, Major role 2-Regarding children, Major role 3- Monitoring facilities and government facilities to reach, Major role 5- Maintain property and amenities, Community related responsibilities, Suggestions to strengthening SMCs and Action plans. Different group activities were conducted to make the sessions simpler to understand, to take hold of the sessions and to make the sessions more interactive. All the participants actively participated in the session and understand the concept very well. SMC members agreed to work on these issues and resolve the same through the support of community, stakeholders and government departments. SMCs will be able to improve their knowledge on different concepts related to SMCs and listed different issues related to their schools and able to resolve some of the issues such as department provided Guest teachers for 20 school, library books & Science lab materials were provided to 1 school, Smart class for 1 school and drinking water facility for 1 school etc.

2.4.7 Formation and strengthening of children clubs: The organisation has planned certain activities to strengthen children clubs of the project. The project coordinator oriented the community mobilizers on the functions of child club, need of building rapport with the children, conveying children on monthly themes, assigning different activities to the children based on the monthly theme, Collecting the photographs of the children performance through phone and keeping the track of the activities. The project coordinator discussed the monthly theme in September the child club members have done the activities related to the food loss and waste and presented their views. The project staffs motivated the children to do art and craft items at their home and to share the pictures of their items. In “World post day on October 10, 2020” and passed information on post and postal cards and asked

to write letters to their friends and post the same. 3 children posted their letters to their friends and 15 children though wrote their letters but they were unable to go out and post them due lock down. Children had prepared paper lanterns for the deepavali festival. Regular follow ups are done to incorporate all the children to the clubs and engage them in different activities in order to provide better platform for their talents during the COVID 19. Altogether 576 children participated in the 31 child clubs in the first quarter and others were unable to do it because we were unable to reach them due to distance and connectivity.

2.4.8 Vidyagama Program: In August, the Department of Primary and Secondary Education had launched Vidyagama programme to reach out to students of government schools by taking classes at doorsteps of the children's houses at their villages. Under this programme teachers were asked to meet the children at playgrounds or temples near the students' residences and engage them in academic activities. Under this plan every school form a class with 10-15 students Following COVID-19 guidelines including wearing a mask, sanitising hands frequently followed at all schools. As per the Reading improvement class schedule released by the Project team. Backward student's details collected from the Head teacher of schools. Teachers conducted reading improvement program like reading stories, newspaper reading, story writing etc. Students from poorer sections of the society were facing difficulty in online education as they do not have smart phones or the networks in their areas are weak. For such students, Vidyagama program is very useful especially during the pandemic as they couldn't have access to online classes.

2.4.9 Monthly reporting of teachers: The reporting was organized regularly to know the overall impact of the modules through evaluation and address the gaps to better the improvement program. The Organization has conducted monthly meeting of teachers at CKSK premises. The teachers presented their monthly report on reading improvement classes, children's receptivity, RIP annual evaluation report, class activities, and school activities and discussed about the children's performance along with the result of monthly assessment. During the Covid-19 pandemic, the education department has launched vidyagama a continuous learning plan for children. The Department had planned to reach out every deprived child under this learning plan, which also promotes self learning in children. Under this plan every school form an offline class with 10-15 students based on the geographical area of their residences, community halls, Temples etc. Teachers collected backward children list from Head master and visited their home and conducted Reading improvement classes for children. During the meeting the teachers presented their monthly report on how they conducted the classes. The monthly meeting will help the teachers to discuss the activities in order to make them more effective. The teachers enlightened how to improve their own skills while keeping in mind SOP of Covid 19, as they used the above platforms to teach children better.

2.4.10 Child protection awareness program in 25 schools: The project coordinator oriented the instructor on the objectives of the session planned to spread safe and happy environment for children at school, community and at home. Trained instructor educated the children on the child protection policies and procedures, information on neglect, physical, sexual and mental abuse, child labour, child marriage, good touch and bad touch, basic information on identifying possible child abuse cases and the methods of responding to the issues etc. Under group activities, small games and the debate is organized to make them to have more clarity on the same. 25 instructors trained and improved their knowledge on the same and assured to act against the child abuse cases of their community with the support of the Organization, community etc.

2.4.11 Training/Planning session to parents, SDMC & PTA about school development activities: The coordinator sent the letters to each school by requesting the support and seeking SMCs participation. Orientation session facilitated by Dr. Sahana, chief medical officer at Government ayurveda dispensary, Kaniyur and oriented on school based health services, first aid management, COVID precautions, iron folic acid supplement, health and hygiene in school etc. Mr. Ravi, PDO, Naravi oriented the gathering on MNRGE scheme, relationship between SMC and Panchayath, role of Gram Panchayath in school development work, schemes related to cleanliness, school construction works etc. Mrs. Kalalaji & Ms. Saraswathi, teachers, government higher primary school, Bajire shared their experience of their SMCs and the developmental works that have been undertaken by the committee for school development and the journey towards a model school. Discussion session was facilitated in order to have better understanding of the concept and to make them to understand the practical applicability.

2.4.12 Environment awareness campaign at school level: Eco club members conducted a cleanliness campaign at school campus. The club members picked out garbage and weeds from the school ground and cleaned up school surrounding. Students interacted with the residents, Shop owners made them aware about the good sanitary practice such as clean toilets, clean surroundings, removing plastic, cleaning Public Street and health and hygiene. The school takes initiatives to educate local people about sustainable environment.

2.4.13 Best out of waste: A creative activity "Best out of waste" was conducted to create awareness among the students about the importance of reduce, reuse recycle. On the spot completion was conducted to emphasize upon reuse. The students prepared many beautiful items like flowers, mat, and vase. The participants enthusiastically prepared different products from the waste and also learnt the reuse of waste products and conservation of natural resources.

2.4.14 Training on Children Gramasabha: With the COVID-19 pandemic, schools and every platform where children in rural areas can engage themselves and share their issues have been closed.

As a result, CKSK with the support of Volkart Foundation Indian trust arranged training session to children on Children GramaSabha. The project coordinator trained the community mobilizers on Child rights issues covering, Education, Child Health, Child labor, Child rights, child trafficking, problems at school. Following the Covid-19 norms, Children are participated enthusiastically in the training. Children said that Grama sabha training is a unique forum to prepare for Gamasabha meeting. Overall 60 children trained by the Community Mobilizers.

2.4.15 Training on SEL skills to 65 children clubs: The training session was organized by the program coordinator and oriented about the objectives, socio emotional life skills-the knowledge, attitude and skills necessary to understand and manage emotions, setting and achieving positive goals, empathy, establish and maintain positive relationships, 5 components of SEL- self-awareness, self management, decision making, relationship skills and social awareness etc. The group activities were conducted on decision making, action songs were taught and the group discussion was held for the better understanding of the concept.

2.4.16 Motivational Support to Rural Students towards higher education: 50 youths were provided financial assistance of Rs. 2000 to continue their higher education. Among 50 youths, 18 are doing degree, 1 MLT, 2 physiotherapy training, 1 M.Com, 3 ITI, 16 PUC, 2 are doing mechanical engineering, 1 training in pharmacy, 1 B. Ed, 2 BBA, 1 diploma, 1 fashion designing and 1 LLB.

2.4.17 Annual Evaluations and Reporting: The Organization has supported 25 rural Government schools by providing them one each remedial teacher. These remedial teachers were selected, trained and appointed by CKSK for the effective implementation of the Project activities. Altogether 347 (150 SIM and 197 RIP) Children have benefited from this program. When baseline survey is conducted 40% of the children had reading capacity. After the implementation of RIP module good percentage of improvement is seen among the slow learners. This is quite visible in the mid-term evaluation where 74% results achieved in reading but in annual evaluation it has bettered up to 82%. Through this program the school attendance also increased rapidly and the students have gained self-confidence and motivation to be regular to the classes and participated actively in school curricular and co-curricular activities.

2.4.18 Stimulating voice of the voiceless: The project Staff and coordinator selected various written articles, children stories, their experiences, their views on community and social issues, their dreams and aspirations are printed in the magazine. These success stories of children are the voice of the voiceless. The Organization has given space for all children to articulate their voice and print them in the magazine as to be heard by duty bearers. This has motivated the club children to be bold and open to speak out their deprivation in the communities, and society. The copies released by the Director of the Organization and distributed to the various club groups and duty bearers

2.5 SHG Federation- Ujire

2.5.1 Distribution of Paddy seeds and Manure: Through the initiation of CKSK, 22 farmers of project received the Paddy seeds and organic manure to start up their agricultural work. Fr. Vinod Mascarenhas Director of CKSK distributed the Organic manure and paddy seeds to farmers and motivated the farmers to archive high productivity in rice. This support will help them to continue their agriculture to get good income and to become food secure as well as to contribute to the national economy and to meet the needs of the local population.

2.5.2 Vidyasnehi Yojane: The CKSK offered interest-free loans to youth to continue their higher education. The director of CKSK distributed the cheques to needy students. In his address, CKSK has contributed loans to higher education He said of the total 30 applications, 21 students were selected. He said a sum of Rs 448,000 has been distributed as interest-free loans to the students and the same has to be repaid after their studies

2.5.3 Scholarship support to Youth: The Organization had conducted scholarship support to Youths continue their higher education. 60 Youths applied for the Scholarship support. The beneficiaries were selected based on their economical condition, those who have their fees receipts etc. The supporting documents such as fee receipts, photos, applications, bank details etc were collected from the children. The Director Fr. Vinod Mascarenhas and Assistant director Fr. Rohan Lobo distributed the scholarship support to 50 youths of Rs. 2000/- for their higher education.

2.5.4 Mask Distribution: CKSK has conducted several programs since the inception of Covid-19 pandemic. On this mission CKSK has conducted a mask distribution. 3000 masks are distributed to all the SHG members.

2.5.5 Profit distribution to SHG: Profit distribution program was done in five SHGs. Once in five years the distribution program organizing. 11 SHGs received Rs.9,81,800 profit from their SHGs.

2.5.6 Hand wash program: CKSK along with Taluk health department has organized Hand wash program at CKSK premises. CKSK Staffs, Coolie workers were present on the day. Mrs. Ammi Health Coordinator, Taluk health centre Belthangady had explained the importance of personal hygiene along with demonstration of the proper process of hand washing.

2.5.6 International women's Day: International women's day celebrated at CKSK Premises on 6th March 2022. The purpose of celebrating women's day is to raise awareness about the status and dignity of women in home community. On the occasion, Fr. Vinod Mascarenhas inaugurated the program and, in his speech, he addressed that Gender equality is the first step to bring women empowerment in society if woman get equal opportunities in every family, then every woman in society will get equal opportunity. Further he said gender

quality is very important for healthy society there should be gender equality in family. Girl should know their right to defend themselves and be careful against crimes against women. On this occasion there were various competition was held for the SHG members like Cultural activities, easy writing, Articles related to women, Painting of agricultural women, Selfee, Declaration on the women etc. More than 100 women's had participated in the competitions. 250 SHG members from 31 clusters CKSK staffs were participated.

2.5.7 Cluster level meeting: Cluster level Meeting held in 31 clusters. All the SHG members of a cluster come together for the meeting place in once in six months. The main purpose of organizing the cluster meetings is to strengthen the SHGs, cluster and the federation. All the financial transaction of the SHGs Cluster report, SHG meeting reports, Vidal health insurance, Auditing, Membership fee, Enrollment management, Federation Loan, Women's day celebration these points were discussed during the cluster meeting. The Cluster meetings are beneficial to strengthen the SHGs and learn about their progress.

2.5.8 Cluster representatives' meetings: Once in month cluster representative meetings are held to monitor and discuss all the problems and achievement of each SHG of the cluster. All the loan applications of the SHG's come to the cluster representatives meetings, where they will be reviewed.

2.5.9 General Meeting: General meeting held at CKSK community hall. During the meeting evaluation of the Activities was done. Fr. Rohan Lobo Assistant director spoke on Vidya snehi interest free loan to youths. Fr. Vinod Mascarenhas in his address CKSK provided low fees computer course to youths and he motivated the women to send their children to learn computer course in low fees. Overall 58 members from 31 clusters participated in the program.

2.5.10 Health Insurance: Health insurance awareness was given in 31 SHG Clusters to motivate the people to take up precautionary measures during their ill health. 24 Families received 9,5,82,980 rupees in times of hospitalization.

2.5.11 Distribution of 100 Medical Relief kit to Health care centers: In continuation of the Covid-19 Relief support activity initiated by the CKSK for the marginalized Primary Health Centers of Belthangady Taluka, Director of CKSK Fr. Vinod Masarenhas handed over 100 Medical kits including to 5 different types of Tablets, Syrup Protein Powder, Oats, Surgical Gloves and Surgical Mask Containing 15 days distributed to 5 Primary Health Centre's by CKSK, Vimukti.

2.5.12 Dry Food Basket kit: During the initial month, Families in villages struggled to get food to maintain healthcare. The Organization has distributed 500 Dry food basket kits to Covid-19 Positive Families. The Food basket kit consisting of 10 kg Rice, Sunflower Oil, Dal, Beaten Rice, Wheat Powder, Black Chana, Jiggery. Each kit contains 15 days of food supplies to 500 Families in the Belthangady Taluka.

2.6 Project – Deccan Herald & Prajawani COVID Relief Trust:

2.6.1 Distribution of dry food kits: Through the support of the trust, the Organization had distributed dry food kits to 65 COVID affected and infected families during the lockdown. The food basket was consisted 10 kg Rice, Sunflower Oil, Dal, Beaten Rice, Wheat Powder, Black Chana, Jiggery, Rava, Green Gram, Tea Powder, Sugar etc.

2.6.2 Supply of medical equipments: During the COVID 19 the Organization had supported the Taluk Medical Hospital and the 16 Primary Health Centers by providing 76 oxymeters, 1600 face masks and 300 gloves etc. The support helped the department to provide better services to the community and to ensure the safety of the frontline workers.

2.6.3 Distribution of Face Masks: The Organization with the support of the trust had distributed 2000 face masks to the people of Belthangady Taluka. The main motive behind the program is to sanitize the people about COVID 19 and the persuasions to be taken and to safe guard the health of the people during the lockdown.

2.6.4 Medical support during the emergencies: The project had also supported one woman by providing Rs.20000 for the knee replacement during COVID 19 as they had struggled due to lockdown and it's after effects. And a beneficiary was supported when hospitalized for the COVID symptoms by providing Rs. 6000 for the treatment.

2.6.5 Supported the farmers by providing Organic Manure and providing tiller facilities: During the COVID 19 lockdown many farmers were give up their agricultural works due to lack of financial crisis and they were unable to get the seeds to sowing the land. Therefore, by considering the need of the farmers, the Organization supported 9 Covid affected and infected farmers to provide the support and thus to improve their income.

2.6.6 Livelihood supports-goat rearing and poultry farming: 3 families were supported for the goat rearing by providing the assistance of Rs. 10000 for each family and supported 1 family by providing Rs. 4000 for poultry farming to improve their economical status after they recovered from COVID 19.

2.6.7 Financial assistance for the widows: 9 women were supported by providing Rs.5000 for each during the COVID 19 as they were lost their husbands due to COVID. The main motive behind the support was to respond in their emergency crisis as they had lost the bread winner of the family and to support their children's education.

2.7 Project – KCWA:

2.7.1 Rehabilitation and treatment of special children: Through the support of KCWA, the Daya special school had able to manage its running cost and provide qualitative services to 94 differently

able children on regular basis. The support helped the Organization to manage the travelling expenses, manage operational costs and to provide better nutritional food to the children which ensures both physical and mental development of the children.

2.7.2 Suvidya- Interest free loan for higher education: Through the support of KCWA, the Organization had supported 23 students by providing interest free loans to complete their higher education and to get better job opportunities to support their family.

2.8 Project –Emilia-Romagna

2.8.1 Distribution of dry food kits: Through the support of the project, the Organization had distributed dry food kits to 60 COVID affected and infected families during the lockdown. The food basket was consisted 10 kg Rice, Sunflower Oil, Dal, Beaten Rice, Wheat Powder, Black Chana, Jiggery, Rava, Green Gram, Tea Powder, Sugar etc.

2.9 Project - CHS Caregivers & MLC Fund:

2.9.1 Established Physiotherapy room and infrastructures: Through the support of the donors the Organization was able to build new physiotherapy room, purchased and established the therapeutic set up to train the differently able children. 15 children were trained on regular basis to improve their physical deformities to become self-sustainable.

2.10 Project – NMPT & LIC Golden Jubilee Foundation:

2.10.1 School Bus from NMPT and LIC: Through the support of NMPT Mangalore and LIC, 2 buses were received to the Daya Special School. These transportation facilities provided the opportunities to 110 differently able children to attend the school regularly and to improve their basic skills in order to become self confident and self sustainable.

S.N	Activities	Beneficiaries
<u>Project - ChildFund India –Ujire</u>		
1	Special Support class for the Children and Youth	61
2	Knowledge/capacity building sessions held for children & parents	63
3	Communities having VCPCs formed	67
4	Collaboration formed with government authorities for improved CP systems& services at various level e.g. at district, state & national level	15
5	Drop out children/youth are supported to continue their education	20

6	Library developed	565
7	Adolescents and youths received career guidance support	31
8	Monthly child club meeting	1858
9	Start-up fund to initiate the business – Agri and allied based, off-farm based (for e.g. -Mushroom cultivation, vegetable, SRI, SWI, animal husbandry etc.)	47
10	Communities socialized on PACT EEE program model	105
11	Staff and core group members oriented on PACT EEE program model	5
12	Youth groups formed & strengthened	1322
13	IEC materials for PACT EEE produced	0
14	Youth groups formed & strengthened- life skill training	28
15	Youth groups' formed & strengthened- Gynecological session	30
16	Youth members trained to identify various issues affecting them	30
17	Youth group members trained on leadership skills through the master trainers	20
18	Festivals organized to promote the leadership qualities among youth	105
19	Life skill module printed in local language	0
20	Career guidance provided to needy youth	40
21	Interested youths are provided training on livelihoods	20
22	Selected youth are provided exposure on successful business models	15
23	Trained youth who belong to most needy category are supported with start up funds to initiate business	11
24	Trained youth who belong to most needy category are provided with tool kits and equipments	10
25	Staff trained on Risks and vulnerability assessment	5
26	Needy parents / care givers are supported with start up funds to initiate business	1
27	Capacity Building to Project & CDP staff on quality sponsorship management	3
28	Strengthening of CDP Committees (Quarterly meetings)	120

29	Strengthening of Youth club leaders / youth volunteers for CDP activities	24
30	Hygiene Kit	84
31	Intergenerational coping and learning kit	44
32	Emergency Support	15
33	Food Basket	2
<u>Project - ChildFund India –Gangavathi</u>		
1	COVID -19- Food Basket	58
2	Special support class for the children and youth	198
3	Adolescent and youth received career guidance support	43
4	Children/Youth supported for better transition and regular to school	22
5	Youth are trained and awarded on Indian constitution and democratic	145
6	SMC/SDMCs are trained on school governance and advocacy	52
7	Children regularly visiting the library	843
8	Training and support youth/ Marginal - goatry (Goatry)	44
9	Career guidance provided to needy youth	80
10	Interested youth are provided training on livelihoods	10
11	Staff and core group members oriented on PACT EEE program model	4
12	Youth groups formed & strengthened	115
13	Youth federations formed & strengthened	30
14	Youth members trained to identify various issues affecting them	93
15	Parents / care givers are provided with livelihood training - Agriculture / Animal husbandry / Poultry / Micro enterprises / others	95
16	Needy parents / care givers are supported with start up funds to initiate business	75
17	Exposure visits to successful business models	44
18	Sensitization sessions on child rights, protection and advocacy held for adolescent youth	93
19	Panchayats discuss CP related issues in their meeting/ gram sabhas	64

20	Youth group members trained on leadership skills through the master trainers	88
21	Festivals organized to promote the leadership qualities among youth	160
22	Members of youth groups trained on life skills	193
23	Staff trained on risk and Vulnerability assessment	10
24	VCPC members oriented on CP risks and pathways to address the same	146
25	Knowledge/capacity building sessions held for children & parents	91
26	Type of mass awareness campaigns held	482
27	VCPC members oriented on CP risk and pathways & address the same	240
28	Strengthening of CDP Committees (Quarterly meetings)	130
29	Hygiene Kit	4
30	Intergenerational coping and learning kit	110
31	Children Club	155
32	Karnataka State Children Rights Protection Commission (KSCRPC), Bangalore	9
33	Safe and Unsafe touch Training	2
34	Human Trafficking	2
35	Karnataka Child Rights Trust	1
<u>Project – MANOS UNIDAS</u>		
1	Treatment, Rehabilitation and counselling- i) Psychologist/counsellor	50
2	Physiotherapist	15
3	Regular Speech and hearing therapist	26
4	Emergency needs to medical support	94
5	Nutritious food and mid day meal	94
6	Purchase of basic skill training materials	94
7	Teaching and learning materials	94
8	Training to the teachers on necessary skills	10
9	House visits, counseling and motivation to parents by trained teachers	361

10	Refresher training to 10 teachers and coordinator	10
11	Consultation with parents about the development of the children	420
12	Annual day program-sports & games	100
13	Skill development program: Vocational skill trainings	34
14	Training to 14 children for appearing SSLC exam	6
15	Conducting workshop to children to know the value of money cum exhibition of children's products	158
16	Two days adventure camp for differently able children to learn about environment	58
17	Health check-up camp	63
18	Ambedkar Jayanthi	68
19	Skill training to teachers	6
20	Onam celebration	100
21	COVID testing & vaccination	181
22	Teacher's day celebration	48
23	Children's day celebration	52
24	Physiotherapy room inauguration	84
25	Deepavali Celebration	61
26	International disability day	42
27	Christmas celebration	68
<u>Project – VOLKART Foundation</u>		
1	Orientation to teachers on Reading Improvement in English	25
2	Implementation of RIP, SIM and RIE module by 25 Teachers	25
3	Orientation to teachers on RIP and SIM Module	25
4	Assessment status of SDMC on school developmental plan	25
5	Training/Planning session to parents, SDMC & PTA about school development activities	30
6	Formation and strengthening of children clubs	576
7	Vidyagama Program	3000
8	Monthly reporting of teachers	25
9	Child protection awareness program in 25 schools	25
10	Training/Planning session to parents, SDMC & PTA about school development activities	45

11	Environment awareness campaign at school level	578
12	Best out of waste	350
13	Training on Children Gramasabha	60
14	Training on SEL skills to 65 children clubs	650
15	Motivational Support to Rural Students towards higher education	50
16	Annual Evaluations and Reporting	347
<u>SHG Federation- Ujire</u>		
1	Distribution of Paddy seeds and Manure	22
2	Vidyasnehi Yojane	21
3	Scholarship support to Youth	50
4	Mask Distribution	1500
5	Profit distribution to SHG	110
6	Hand wash program	20
7	International women's day	250
8	Cluster level meeting	1550
9	General Meeting	58
10	Health Insurance	24
11	Distribution of 100 Medical Relief kit to Health care centers	5 PHC
12	Dry Food Basket kit	500
<u>Project – Deccan Herald & Prajawani COVID Relief Trust:</u>		
1	Distribution of dry food kits	65
2	Supply of medical equipments	16 PHC
3	Distribution of Face Masks	1000
4	Medical support during the emergencies	2
5	Supported the farmers by providing Organic Manure and providing tiller facilities	9
6	Livelihood supports-goat rearing and poultry farming	4
7	Financial assistance for the widows	9
<u>Project – KCWA</u>		
1	Rehabilitation and treatment of special children	94
2	Suvidya- Interest free loan for higher education	23
<u>Project –Emilia-Romagna</u>		
1	Distribution of dry food kits	60

<u>Project - CHS Caregivers & MLC Fund</u>		
1	Established Physiotherapy room and infrastructures	15
<u>Project – NMPT & LIC Golden Jubilee Foundation</u>		
1	School Bus from NMPT and LIC	110

3. Capuchin Krishik Seva Kendra -Vimukti Banakal

Capuchin Krishik Seva Kendra ® Vimukti, Banakal Unit renders its service to the downtrodden, vulnerable, marginalized, economically poor, especially women and children in 58 villages of Mudigere Taluk. There has been a constant effort to bring about awareness on different issues such as education, health related issues, sanitization, fight against social evils, rights of children, economical development, Self employment and so on. It's nice to see the great progress that has taken place in Vimukti Banakal due to the implementation of different projects and programmes. The leadership of these SHG women in the villages is really wonderful. Following are the different programmes and activities of this financial year:

3.1 Study Tour- Sabli Village : On 6th April 2021 CKSK, Vimukti Banakal Unit organized a tour to the SHG members of Sabli village. They visited Murdeshwara, Apsarakonda, Honnavara, Udupi, Malpe, Dharmasthala. 32 members participated in the tour. The purpose of the tour was to bring about unity among the SHG members.

3.2 Vimukti Banakal SHG Federation Meeting : On 31st May 2021 CKSK, Vimukti Banakal Unit organized SHG Federation Meeting. Due to COVID-19 restrictions, only the Office bearers of the SHG Federation attended the meeting. During the meeting, day today transactions of the SHGs were discussed.

3.3 Celebration of International Yoga Day : On 21st July 2021, CKSK, Vimukti Banakal Unit organized International Yoga Day in Banakal. Mr Shashidhar, Yoga tutor spoke about the importance of Yoga in our daily life. Different types of Yogasanas were taught to the participants. 53 people benefited from this programme.

3.4 Vidya Snehi Educational Support: On 26st July 2021, Vidya Snehi Educational Support programme was organized by CKSK, Vimukti Banakal unit to emphasize the importance of education and growing in excellence. The programme began at 10-00am with prayer song, followed by welcome speech and lighting of the lamp. Fr Albert D Silva, Parish Priest of Banakal Church was the chief guest of the programme. He insisted the parents and the students to give importance to grow in

knowledge, making use of the time, hard work and so on. 25 economically needy students were given Vidya Snehi Educational Support. 58 people participated in this programme.

3.5 Awareness Programme on Government Schemes and Facilities: On 16th August 2021 CKSK, Vimukti Banakal Unit organized a programme on Government Schemes and Facilities. Mr Kavish, President of Phalguni Grama Panchayath was the President. 45 people participated in the programme.

3.6 Celebration of National Girl Child Day: On 24th September 2021, CKSK, Vimukti Banakal Unit celebrated National Girl Child Day in Banakal. Fr Albert D Silva, Parish Priest of Banakal Church was the Chief Guest for the Programme. 34 people participated in the programme.

3.7 World Mental Health Day Celebration: On 10th October 2021 CKSK, Vimukti Banakal Unit celebrated World Mental Health Day in Banakal. The programme began with prayer song followed by lighting of the lamp. Mrs Yashodha, the President of the Vimukti Banakal SHG Federation Presided over the programme. The Resource Person spoke about the importance of mental health and highlighted the different techniques and methods to maintain our mental health. 67 people participated in the programme.

3.8 Awareness Programme on the importance of COVID-19 Vaccine: On 25th October 2021, CKSK, Vimukti Banakal Unit organized an awareness programme on the importance of COVID-19 Vaccine. Mrs Shantha, Health Care Assistant of Banakal Primary Health Centre was the resource person. She explained about COVID-19- Awareness, Prevention, Precautions, Care and the importance of COVID-19 Vaccine. 54 people participated in the programme.

3.9 Programme on the Role of Children in the Protection of the Environment: On 31st October 2021, CKSK, Vimukti Banakal Unit organized an awareness programme on the role of children in the protection of the Environment. The programme was organized in Chegu village. Fr Edwin Rakesh D Souza, from Capuchin Krishik Seva Kendra, Ujire was the resource person. The session was organized with different activities. The resource person emphasized the need of planting saplings against deforestation and destruction of environment. The Children were convinced on the need of planting trees and taking caring of the plants and trees. The programme was organized in the evening. 28 Children participated in the programme.

3.10 Programme on the Role of Children in the Protection of the Environment: On 1st November 2021, CKSK, Vimukti Banakal Unit organized an awareness programme on the role of children in the protection of the Environment. The programme was organized in Sabli village. Fr Edwin Rakesh D Souza from Capuchin Krishik Seva Kendra, Ujire was the resource person. The resource person emphasized the need of planting saplings against deforestation and destruction of environment. The

Children were convinced on the need of planting trees and taking caring of the plants and trees. 25 Children along with their parents were present for the programme.

3.11 Programme on Eyes Testing: On 8th November 2021, CKSK, Vimukti Banakal Unit organized programme on Eyes Testing through the support of Lions Club Mudigere. Dr B L Ranganath Gowda, Eye Specialist and President of Lions Club, Mudigere was the resource person. 33 people participated in the Eye Testing camp.

3.12 Programme on Diabetes: On 22nd November 2021, CKSK, Vimukti Banakal Unit organized a programme on Diabetes. Dr Shambhavi, Health Administrator of MGM Government Hospital, Mudigere was the resource person. She explained about the awareness, precaution, prevention, control and care on Diabetes. The resource person emphasized the need of control, diet and exercise in order to maintain good health. During the programme the necessary information was given with regard to Diabetes. After the Programme Diabetes Test camp was organized in Vimukti Banakal Office. 31 people underwent diabetes Test.

3.13 Programme on Self Awareness in Children for Psychosocial Wellbeing: On 28th November 2021, CKSK, Vimukti Banakal Unit organized a programme in Banakal on Self Awareness in Children for Psychosocial Wellbeing. Dr Sr Judy Lewis from Sampoorana Counselling Centre, Mangalore was the resource person. The training programme began at 10-30am with a prayer song, followed by welcome speech and lighting of the lamp. The resource person explained about the need of Stress Management, taught the participants the different techniques of stress Management. The session was organized through different activities, brain storming exercises and so on. 53 children from the Children Clubs participated in the programme. The training programme was concluded at 1-00pm with vote of thanks followed by national anthem.

3.14 Inauguration of Child Resource Centre: On 29th November 2021, inauguration of the Child Resource Centre was done in Vimukti Banakal. Fr Albert D Silva, Parish Priest of Banakal Church was present for the programme. Dr Sr Judy Lewis from Sampoorana Counselling Centre, Mangalore inaugurated the Child Resource Centre. 74 people participated in the programme. Fr Albert D Silva asked the participants to make use of the Child Resource Centre as much as possible. Fr Vincent D Souza expressed his gratitude to the Diocese Rottenburg and the benefactors for supporting the Child Resource Centre in Vimukti Banakal. The children of the Children's Clubs benefit from this Child Resource Centre which has a child friendly atmosphere. The Children come to the Child Resource Centre particularly on every Saturday and Sundays of the week.

3.15 Programme on Healthy Life Style: On 3rd December 2021, CKSK, Vimukti Banakal unit organized a programme in Lokavalli village on Healthy Life Style. Fr Vincent D Souza from Vimukti Banakal was the resource person. The Programme began at 11-00a.m. in the afternoon. The resource person emphasized on Stress Management, Positive thinking, Interpersonal relationships, Time Management, Developing Problem Solving Skills. 36 people participated in the programme. The training was concluded at 1-00 pm with vote of thanks.

3.16 Awareness Programme on Mental Depression: On 24th January 2022, CKSK, Vimukti Banakal unit organized an awareness programme in Banakal on Mental Depression. Fr Vincent D Souza from Vimukti Banakal was the resource person. 48 people participated in the programme.

3.17 Awareness Programme on Diabetes and Blood Pressure: On 22nd November 2021, CKSK, Vimukti Banakal Unit organized a programme on Diabetes. Dr Shambhavi, Health Administrator of MGM Government Hospital, Mudigere was the resource person. She explained about the awareness, precaution, prevention, control and care on Diabetes. The resource person emphasized the need of control, diet and exercise in order to maintain good health. During the programme the necessary information was given with regard to Diabetes. After the Programme Diabetes Test camp was organized in Vimukti Banakal Office. 31 people underwent diabetes Test.

3.18 Awareness on Preservation of Water Sources and Clean Drinking Water: On 21st February 2022, CKSK, Vimukti Banakal Unit organized an awareness programme on Preservation of Water Sources and Clean Drinking Water in Sabli Village. The programme began at 10-30 am with prayer song followed by lighting of the lamp. The resource person explained the need to preserve the water Sources and clean drinking water. Mrs Savithri presided over the programme. The awareness programme was concluded with vote of thanks followed by National Anthem. 47 people participated in the programme.

3.19 Awareness Programme on Addiction to Alcohol and Chewing of Tobacco: On 14th March 2022, CKSK, Vimukti Banakal Unit organized an awareness programme on addiction to alcohol and consumption of Tobacco in Vimukti Banakal Office. The resource person explained about the health complications if a person is addicted to alcohol or chews the Tobacco. He explained the different problems that emerge due to the addiction to alcohol and chewing of Tobacco. The awareness programme was started at 10-30 am with a prayer song. 78 people participated in the programme. The participants also shared about the implications with regard to these addictions.

3.20 World Women's Day Celebration: On 22nd March 2021, CKSK, Vimukti Banakal unit Celebrated 20 years of Service in Mudigere Taluk, Chikamagalur District and Vimukti Women

Convention in Banakal Church Community Hall. The 20 Years Celebration began at 9-30am with the solemn procession by the Women from Banakal Town towards the Banakal Church Hall. The stage programme began at 10-30 am with a prayer song followed by lighting the lamp.

Rev Fr Arun Lobo, the Director of Ashakirana De-addiction and Counselling Centre, Palya, Hassan was the President the President of the Programme. Rev Fr Rocky D Cunha, Rector of Kripalaya, Mysore was the Chief Guest. Mrs Gayathri, PSI, Banakal Police Station, Mrs Leelavathi, President of Banakal Panchayath, Fr Albert D Silva, Parish Priest of Banakal Church, Fr Vinod Mascarenhas, the Director of Vimukti, Ujire, Sr Hilda Lobo, Principal of Nazareth School were the Guest of Honour.

Mrs Gayathri, PSI released a Souvenir named as 'Vimukti Yaana' in remembrance of the 20 years of Service of Vimukti Banakal in Mudigere Taluk in Chikkamagalur district. The President highlighted the need of empowering women in the society, educating the girl child, fighting against the atrocities on women and so on. He emphasized the need of developing leadership among women for the development of the society. During the programme the achievements of CKSK Vimukti Banakal unit from the past 20 years were highlighted. After the stage programme, women from all the villages performed cultural programmes. The programme was concluded at 4-00pm in the evening. 1100 women participated in the programme with great enthusiasm.

4. Asha Kiran Integrated Rehabilitation Centre For Addicts (IRCA), Bhadravathi

4.1. Treatment: 150 addicts were treated; out of which 145 were dependent on alcohol and 5 on cannabis. 446 persons visited the centre for follow-up.

4.2. Internship Program for Students:

a) One student, Balaswamy, from the Department of Social Work, Kuvempu University, Shimoga was visiting our centre for field work three days a week during the months of October and November, 2021. He conducted many activities to the inmates and interacted with them and with the staff. He had very good experience and gained knowledge of the treatment given in the centre.

b) Eight students from the Department of Social Work, Sahyadri College, Shimoga visited our centre once a week for field work i.e. on Thursdays. They are Abhishek K., Archana C., Manoj Kumar K., Neha A., Girish B. N., Sneha S. V., Shrinivas L. R. and Swathi H. V. They started their field from the last week of November, 2021 and continued till the first week of February, 2022. During their visit to the centre, they attended the re-educative session of the inmates, conducted many activities and group dynamics, had interactive sessions with the inmates, personal interactions with inmates as

well as the staff. They had very enriching experience in the centre and gained knowledge of the treatment given at the centre. Along with fulfilling the requirement for their studies they shared their knowledge, friendship and guidance to the inmates.

c) Three students, Rosbin Varghese, Shilpa S. K. and Sanketh S. K., from the Department of Social Work, Kuvempu University, Shimoga are visiting for the concurrent field work in our centre twice a week i.e. on Wednesdays and Saturdays starting from the first week of February, 2022. They will continue till last week of October, 2022. They are having a very enriching experience at the centre and gaining firsthand knowledge of the de-addiction treatment given in the centre as they are interacting with the inmates as well as the staff. Along with fulfilling the requirement of their studies, they are sharing their knowledge, friendship and guidance to the inmates of the centre. They are conducting variety of activities for the inmates which keeps them busy and free of all worries.

d) Two more students from Kateel Ashok Pai Memorial College (Manasa Trust), Shimoga visited our centre for the field work for a day. They were guided by the Director of the centre and given all the information regarding the centre and the treatment given in the centre.

4.3 Various Celebrations:

4.3.1 International Yoga Day: On 21st June, 2021 the International Yoga Day was celebrated at our centre. The Project Director, all the staff members and the inmates were present for the program. The Director explained the significance of the day and also the benefits of Yoga in our life.

4.3.2 Awareness Program: On 22nd June, 2021 an awareness program on addiction was conducted at our centre. 11 brothers belonging to the Order of Capuchin Friars Minor and currently doing their Post Novitiate at Pothnal, Raichur were the participants along with their Director Fr. Joseph Coelho. The Director of the Centre explained to the participants regarding the addiction, its ill-effects, way out and about the treatment given at the centre.

4.3.3 International Day Against Abuse and Illicit Trafficking: On 26th June, 2021, we celebrated the International Day against Abuse and Illicit Trafficking at our centre. 'Share Facts on Drugs - Save lives' was the theme for the celebration. Fr. Prakash Pinto, the Director of the centre presided over the gathering. Dr. Harisha Delanthabettu, a well known Psychiatrist of Bhadravathi and the medical Officer of the centre was the chief guest of the day. Dr. Harish briefed the gathering about the significance of the day. There were around 22 participants including inmates, well wishers and all the staff members.

4.3.4 Independence Day: The 75th Independence Day of our country was celebrated on 15th August, 2021 at our centre. We upheld the spirit of patriotism and gave due respect to our National Flag. Dr. Harisha Delanthabettu the Medical Officer of the Centre hoisted the National Flag and during his speech he enlightened the gathering about the importance of freedom and the struggles undergone by the freedom fighters to get the independence. There were around 21 participants including inmates, and the staff members.

4.3.5 Awareness Program: An awareness program was conducted at our centre on 9th October, 2021. Four teachers from Mangalore were chief guests of the program. They conducted various activities to the inmates. There were about 24 participants for the program.

4.3.6 World Mental Health Day: The World Mental Health Day was commemorated on 10th October, 2021 at our centre. Fr. Prakash Pinto, the Director of the centre presided over the gathering. Dr. Harisha Delanthabettu, a well-known Psychiatrist of Bhadravathi and Sr. Rita Varghese Correspondent of Nirmala Nursing College were the chief guests of the day. Forty participants along with inmates, well wishers and staff were present for the celebration.

4.3.7 20th Annual Day Celebration: On 14th November, 2021 we had the bi-decennial celebration of Asha Kiran IRCA. The centre has dedicated itself for the service of the victims of substance abuse from the day of its inauguration and this year completes its 20 year of service. Fr. Manohar D'souza, the vice-president of Capuchin Krishik Seva Kendra® presided over the program. Fr. Charles Saldanha, Founding Director of Asha Kiran and the present Director of Asha Kiran, Heruru, Bhrahmavara, Fr. Arun Lobo, the Director of Asha Kiran, Palya, Hassan, Dr. Harisha Delanthabettu, a well known Psychiatrist of Bhadravathi and Sr. Galdys Pinto, Medical Officer of Nirmal Hospital, Bhadravathi were the chief guests of the program. There were around 85 participants including inmates, recovered addicts, well wishers and all the staff members present for the celebration.

4.3.8 No Smoking; No Tobacco Day: On 10th March, 2022 we celebrated No Smoking and No Tobacco Day at our centre. Fr. Prakash Pinto, the Director of the centre presided over the gathering. Sr. Irene Lewis, the Nursing Superintendent of Nirmala College of Nursing was the chief guest of the program. There were around 30 Participants for the program.

4.4 Inspection of the Centre:

a) Mr. Ambati Mahesh, PMU State Coordinator visited our centre on 12th November, 2021 for the inspection. He examined the infrastructure and all the facilities available to the inmates. He spent a

lot of time going through all the documents and registers of our IRCA. He offered valuable suggestions for the betterment of the centre.

b) On 30th March, 2022 the Dr. Santhosh DMHP, Rama Naik and other three staff from District Health Office of Shimoga visited our centre for inspection. They examined the infrastructure and all the facilities available to the inmates. They also interacted with the inmates.

4.5 Training Programs Attended By The Staff:

Participants	Date	Organized By	Subject Matter
All the Staffs	23.06.2021	Ministry of Social Justice Empowerment Government of India (SLCA)	Workshop on basic awareness on Substance Abuse
Fr. Prakash Pinto Fr. Jeevan D'Souza Ms. Elsie D'Souza	31.08.2021	Nasha Mukta Bharath Abhiyan	Expert Panel Discussion on Better Knowledge for Better Care
Fr. Prakash Pinto Fr. Jeevan D'Souza	12.10.2021	Narcotics Control Bureau Bangalore Zonal Unit	Directives of Honorable Prime Minister of India during presentation by DG, NCB on 30.05.2020 regarding – Seminar on Multipronged approach to Drug Problems from Supply, reduction, demand reduction and harm reduction.
Dr. Harisha Delanthabettu	20.10.2021	Ministry of Social Justice Empowerment Government of India (SLCA)	Treatment of Substance Use Disorders, Which has been approved by Ministry of Social Justice and Empowerment.
Fr. Prakash Pinto (Project Director)	15.03.2022	National Social Defense –NCDAP New Delhi in collaboration with SLCA Karnataka	Capacity Building Training Program for Project Directors & Coordinators of IRCAs.

5. Asha Kiran Center for Deaddiction and Counselling – Palya

Asha Kiran Centre for Deaddiction and Counselling (Asha Kiran) is a new unit of CKSK started at Palya of Alur Taluk, Hassan Dist., for the treatment and rehabilitation of persons with substance use disorder. While the purpose is to serve all the victims of substance abuse, the majority of inmates are alcoholics, who come from economically poor background. This centre being the first of its kind in Alur Taluk and fourth in Hassan District has lots of expectations and challenges.

5.1 Inauguration of the Asha Kiran: The Centre was completed and inaugurated on 11th August 2021. Rev Fr. Alwyn Dias, the President of CKSK Society inaugurated the Centre while the Bishop of Chikmagalur Very Rev Anthony Swamy blessed it. A small stage program was held to explain the motive and objective of this centre. There were local eminent guests who appreciated the initiative to start this work in Palya. The event was witnessed by local leaders, panchayat members, government officers, priests from churches around, local people and well-wishers. The program ended with serving sumptuous meal to the guests and dignitaries.

5.2 Furnishing the Centre: Following six months were required to raise funds and furnish the centre to function with patients. The basic requirements before the admission of patients were met by preparing cots, dining tables, chairs, purchase of Television, Fridge, installation of CC Camera, UPS, construction of astra oven, getting the kitchen items, beds and quilts, printing of case books and stationery etc. It was on 2nd March 2022 the first patient arrived for treatment, later four more admissions happened in the same month which was a good beginning for a long-awaited dream to be realised. The centre charges Rs.15,000/- per month as fees for the treatment, food and accommodation.

5..3 Trainings and Learnings: In the meantime, the director, counsellor and nurse have visited several Deaddiction centres in places like, Badravathi, Hangal, Davangere, Harihara, Belagavi, Hassan, Mysore etc., to learn and understand the functions and requirements of Deaddiction centre. Among all, we are grateful to the Director and staff of Asha Kiran Badravathi for accommodating and teaching the staff for over a month.

5.4 Treatment Plan

- a. **Detoxification:** During the admission, each patient is first treated for detoxification. Proper medicine is dispensed for the person to get detoxed so that the treatment would be effective.
- b. **Treating Withdrawal Symptoms:** Most of the patients tend to have withdrawal symptoms some mild and some other severe with hallucination and delirium. Utmost efforts are taken to deal with these symptoms if not they could be life-threatening.
- c. **Medication:** Medical treatment is continued by the doctor after considering the duration of addiction and background.

- d. Food and Nutrition: Since the patients are deprived of substance use, as an alternative they tend to consume food in excess. The center provides them with good food and nutrition.
- e. Yoga and Prayer: These are part of recovery program where the mind is trained to quiet and relaxed. Prayer helps the person to gain better mental status.
- f. Individual Counselling: A professional counselor gives them counseling to understand their problem and find solution.
- g. Group Therapies: The inmates are in groups and therapy in group helps them in peer learning, sharing and understanding their problems.
- h. Family Counselling: Family counselling is major part in the treatment plan. Those who reside with the patient are called for a counselling to help them understand the problem with addiction and help the person recover.
- i. Sports and Recreation: To keep the patients active and energetic these activities of indoor and outdoor games are conducted.
- j. Rest: It is important that a person gets enough rest while they are on medication and recovery.
- k. Community Awareness: The center conducts trainings in colleges and churches and in public places creating awareness on substance abuse.

5.5 Staff:

- a. Director: The Director oversees the administration, functioning and finances of the Centre.
- b. Counsellor: A resident counsellor is available for the patients for talk and counselling to help better recovery.
- c. Psychiatrist: A Psychiatrist Doctor from Hassan Institute of Medical Sciences visits on call mainly after the admissions. It is under his guidance the medical treatment is given to patients.
- d. Nurse: The Centre is lucky to have a full-time nurse to care for the inmates. She dispenses medicines thrice a day and monitors the blood pressure and other ailments of the patients.
- e. Ward boy: Since the number is low, we did not feel the need of a ward boy but it is an important requirement for any deaddiction centre. Currently the Director and counsellor are rendering a helping hand.
- f. Cook: The centre needs a cook and has a cook who prepares three meals, twice tea and early morning bitter medicine.
- g. Maintenance: To wash the beddings and clean the house a toilet the centre has appointed a maintenance person.

5.6 Future Plan:

- a. Publicity: Since the centre is new the inflow of patients is very less. The centre has huge responsibility to publicise and make it known to the people far and wide.

- b. Registration to Karnataka Private Medical Establishment (KPME): The Government has made it mandatory for every Deaddiction centre to register under KPME, Asha Kiran has to complete the registration at the earliest
- c. Registration to Mental Health Establishment (MHE): Deaddiction is a Mental Health program, so every deaddiction centre has to be registered under MHE.

5.7 Challenges:

The primary challenge of the centre is finance. We have the best staff to run the centre and we provide best food for the patients, i.e., to say we have not compromised with the quality of our treatment or service, however the centre lacks funds to carry it forward. Every month Rs.75,500/- is paid as salary to the staff, food and maintenance is estimated Rs.50,000/- per month but with fewer admissions it has become highly impossible to function as expected mainly because the inmates are less in number but the expenditures/salaries are same. Secondly for the KPME Registration is a hectic process of sub registrations with Bio Medical Waste Management (BMWM) agency, Pollution control board Certificate, Fire Safety Certificate, Affidavits, etc. Each of these we have to pay fees to get the approvals, for e.g., the BMWM contract cost us Rs.38,322/-. While the centre is confident in the human resources, the ability to treat the persons with addiction, finance is the only resource we lack and look forward to find means.

Conclusion:

The lengthy report of the activities is a solid proof of the significant fulfilment of the goal, vision and mission of the Capuchin KrishikSeva Kendra. The society is grateful to its President and members for their continuous support, timely intervention and visits by the Funding agencies and well-wishers for their continued support and encouragement without whose selfless sacrifice the beneficiaries would not have able to raise their economic standard and to live a happy and healthy life.

The society always remains indebted to all the supporting agencies such as Child Fund India, Manos Unidas, Training for Development Scholarship Society, Volkart Foundation Indian Trust, Kuwait Canara Welfare Association (KCWA), United Mangalorean Kuwait (UMK), and Capuchin Province of Emilia-Romagna, District Disability Welfare Organisation (DDWO), Directorate & Secretariat for the Empowerment of Differently Able and Senior Citizens Bangalore, State Level Coordinating Agency (SLCA), New Mangalore Port Trust (NMPT), LIC, Gold Jubilee Foundation, Mumbai, Deccan Herald & Prajavani Relief Fund, CHS Caregivers, Diocese of Rotternburg, Ministry of Social Justice and Empowerment, Government of India, New Delhi, Secretariat for the Women and Child Welfare and Empowerment of Differently Abled and Senior Citizens, Government of Karnataka,

Bengaluru, Directorate for the Empowerment of Differently Abled and Senior Citizens, Government of Karnataka, Bengaluru, Department of Women and Child Development, Shimoga, District Disabled Welfare Officer, Shimoga, State Level Coordinating Agency, Karnataka for aiding our De-addiction centre and to all the benefactors.

Finally, we cannot forget the selfless services rendered by the entire staff who implemented the projects by carrying out various activities for the service of the society especially for the empowerment of women, children, and youths of the society.

Name & Sign

Fr. Fredrick Braggs



Secretary for CKSK

Date: 06-10-2022

Place: Dayalbagh, Ujire

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