# ANNUAL REPORT OF CAPUCHIN KRISHIK SEVA KENDRA® 2020-21

#### Introduction

On behalf of the Governing Council of the Capuchin Krishik Seva Kendra® I am glad to present before you the members of the General Body of the society, the Annual Report of the various projects and activities undertaken by the Society for the period of 1<sup>st</sup> April 2020 to 31<sup>st</sup> March 2021.

The members of the Governing Council met four times during the year to discuss, to plan out and to decide about the implementation of the various projects and activities of the Society. As an institution, Capuchin Krishik Seva Kendra® is growing progressively in the areas of agricultural activities, community development programmes in the rural areas, De-addiction and Rehabilitation of the victims of various substance abuse, Education and Rehabilitation of the special Children, etc. This report highlights the significant progress of the Society during the financial year towards the needy and deserving individuals, families, communities in and around Belthangady, Mudigere, Bhadravathi, Raichur and Mysore Talukas of Karnataka State.

The following are the units of the capuchin Krishik Seva Kendra® which implemented the projects with their detailed report.

- 1. Dayalbagh Agricultural Training Institute (DATI)
- 2. CKSK-Dayalbagh Rural Development Programme, Laila, Belthangady.
- 3. CKSK- Dayalbagh Rural Development Programme, Banakal
- 4. Asha Kiran- Integrated Rehabilitation Centre for the Addicts (IRCA), Bhadravathi.

## 1. Dayalbagh Agricultural Training Institute (DATI)

## 1.1 Two-year Apprenticeship course in Horticulture

## 1.1.1 Inauguration of the Year

After a long-awaited struggle, Dayalbagh Agricultural Training Institute (DATI) finally found two female students for the horticulture apprenticeship course for the current year. Along with these two regular students there were 3 other male students who joined the programme for a 6months training in agriculture. The two-year apprenticeship programme was inaugurated on 17th August 2020. Fr. Fredrick Braggs the Director of DATI presided over the inauguration ceremony. Fr. Peter Cyprian D'souza, and Fr. Dolphy Serrao, were the chief guests who addressed the gathering as resource persons. Mr. John Crasta, the tutor of DATI, gave the key



note address. Fr. Manohar D'souza, the director of the student brothers welcomed the gatherings and Sr. Lydwin D'souza, one of the students thanked all. Fr. Edwin Rakesh compered the programme. As a part of the inauguration "Laudatosii" Nursery was inaugurated symbolically by planting few saplings in the campus.

#### 1.1.2 Repair of the DATI Building

Residential building of DATI was not conducive for the safe stay. The structure badly needed some urgent repair to make the student comfortable and safe. The most damaged part of the building was the roof, the doors, the windows and the toilets. Keeping this in mind the management took the initiative to repair the damaged portions of the building before the inauguration. The students themselves took the initiatives to whitewash and paint the relevant portions of the building. Over all the students and their guardians expressed their satisfaction regarding the safety and the basic comforts. The management also incurred some expenses on the basic infrastructure such as benches, desks, tables, study and sports materials.

#### 1.1.3 Training Programmes Provided

During the course of their stay at DATI, the following training programmes were provided for the students: -

- -Daily two periods of regular theory classes on horticulture, agriculture, vermiculture, floriculture and animal husbandry.
- -Practical sessions of learning the art of gardening and its maintenance such as nursery, vegetable cultivation, rubber plantation, flower and fruit gardening, areca and coconut gardening etc.
- -Skills development programmes, such as spoken English, computer training, music and driving etc.
- -Two field visits for the practical exposure on farming

#### 1.1.4 DATI Nursery

The Nursery which is the face of DATI, has generated a number of plants and saplings during the reporting year, such as coconuts, areca nut, papaya, pepper, flower's grafting and a few of the forest plants like magoni, teak, jack fruits etc. These plants are mostly for the use of the DATI garden and also for sale. All those who visited us during the year have expressed their appreciation over the nursery.

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#### Annual Report of Capuchin Krishik Seva Kendra® 2020-21

#### 1.2 Dayalbagh Farm

Dayalbagh farm consists of coconut trees, areca nut trees, rubber trees, paddy cultivation, fruit trees and animal husbandry.

#### 1.2.1 Coconut Trees

Dayalbagh farm owns around 600 coconuts trees. Among them 150 trees are not yielding (just young) and other trees are yielding. In comparison with the previous year, the yield this year has been better. During the year we lost 4 good yielding trees due to disease and 7 trees due to heavy thunder. Just like the previous year current this year also we have succeeded in manuring around 300 trees and also in planting 80 new saplings. Though the crop of the far-away trees is being destroyed by monkeys and wild boars, an usual phenomenon, yet, this year their trouble was less because of the trimming of the good trees and removing of the unwanted trees inside the garden. The plan to replace the gun for the crop protection is still a challenge due to the pandemic situation but working on it.

#### 1.2.2 Areca nut Trees:

Areca nut garden is the main agricultural activity in the Dayalbagh farm. During the entire year the prices of the areca nuts went on soaring along with the market demand. Accordingly, we were able to invest a lot of time and energy on this particular crop. Utmost care was taken to protect the crop from disease and to collect all fallen areca nuts. The Crop was less comparing to the previous year.

Though it is not possible to manure all the trees during the course of the year, yet we do manure them part by part as per the availability of the time and manure, giving more importance to young and budding trees. In the current year we have succeeded to plant 500 areca nut saplings. Only tragedy is that every year we lose hundred and more areca trees due to bad weather, excessive rain and heavy storm. In the reporting year, more trees have destroyed due to two thunder-strikes.

#### 1.2.3 Rubber Trees

Just like areca nuts crop, the rubber is also having more demand in the market in the current year. This encourages us to invest a little more time and energy on this area of the Dayalbagh farm. We have one permanent tapper who stays in the campus with his family and does the taping. He taps around 1500 trees yearly. We are looking for one more tapper who can tap the other trees. In the locality there are very few who are proficient in tapping. There are individuals, groups and agencies who take up rubber trees for lease. This is not a welcoming idea because of unhealthy ways of taping and extracting the rubber milk. So, we are cautious and trying to find

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finding another person who can do tapping and cover up other 2500 trees. Meanwhile let us understand that rubber tapping is tedious work and not everyone is willing to do.

#### 1.2.4 Paddy Cultivation

Paddy cultivation is one of the traditional crops which is very dear to the Dayalbagh farm. Looking into the profit side, paddy cultivation is a failure. But Dayalbagh farm is interested in continuing it as a tradition and to give employment to the casual workers especially the elderly women of the locality who seek for a particular work in the monsoon season. The rice that we produce during the year is sufficient for the use of entire Dayalbagh Ashramites. Current year paddy crop was a failure in comparison with the last year due to disease, floods and wild boar entry. In the near future paddy cultivation will be possible only by using modern techniques and scientific methods because of the labourer problem.

#### 1.2.5 Fruit Garden

Dayalbagh farm has variety of fruits trees such as mango, rambutans, figs, jackfruits, sapota, guava, etc. Most of the trees were trimmed in order to yield better fruits. We hope to receive better crops in days ahead. At same time During the year good many numbers of saplings have been planted along the borders of the campus. Cash crops such as, pepper, cashew, banana, papaya, etc. is also planted as the part of kitchen garden. Due to lack of sufficient workers, we could not sustain ashealthy yield.

#### **1.2.6 Dairy**

Dairy of the Dayalbagh farm has a good name. During the pandemic the feed prices have been hiked by two rupees for kilo while the milk prices have come down by one rupee per litre. So Dairy is not a profit-making activity in the Dayalbagh farm. Accordingly, the number of the cows have been reduced. The deficit loss that is incurred in the dairy is made good by way of country poultry, goats, rabbitry...etc. and the dairy workers are directed accordingly

#### 1.2.7 Piggery

Piggery is one of the main income generating activities in the Dayalbagh farm. The market demand is increasing day by day for both piglets as well as for pork. We give attention to the quality breed and a little more time and energy is being spent on the piggery farm.

#### 1.2.8 Labourers

Dayalbagh is seriously facing the problem of labourers. All together the farm has 12 labourers out of which 7 are residing in the campus and others come from home. Of course, due to their dedicated work and interest, Dayalbagh farm is well maintained. We need some more residential workers. We are working on it to find out good and committed workers from northern India.

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#### 1.2.9 Farm Maintenance

It remains as the greatest challenge to upgrade and maintain the farm as a model to the farmers. Since the younger generation is not keen in farming and agriculture, DATI is losing its popularity. Adding insults to injury is the pandemic crisis and constant change of hands in the management. For a healthy farm a single mindedness and purposeful planning is a must. Another important area of renewing the farm is to replace the existing farm equipment's such as tractor and tiller, and also repairing of pump sheds which are not having roofs.

To conclude we remember and express our gratitude for all those who struggle every day for the wellbeing of the DATI to maintain and develop the large campus. We are grateful to all the daily and regular workers who are with us day and night. In spite of the shortage of the labourers, they silently manage the entire agricultural productive activities.

### 2. CKSK -Dayalbagh Rural development Programme, Laila-Belthangady

#### List of Abbreviations

S. N	Short form	Full Form		
1	NO	National Office		
2	CRC	Child Resource Centre		
3	RtE	Right to Education		
4	SMC	School Monitoring Committee		
5	SEL	Socio Emotional Learnings		
6	VLCPC	Village Level Child Protection Committee		
7	HMs	Head Masters		
8	CKSK	Capuchin Krishik Seva Kendra		
9	SHG	Self Help Group		
10	IO	International Office		
11	LEEP	Livelihood Economic Enhancement Program		
12	DFC	Designated Fund for Child		
13	COVID	Corona Virus Disease		
14	PTA	Parents Teachers Association		
15	CFI	ChildFund India		

16	TLM	Teaching Learning Materials	
17	DCPO	District Child Protection Officer	
18	CWC	Child Welfare Committee	
19	ICDS	Integrated Child Development Scheme	
20	WCD	Women and Child Development	
21	JJB	Juvenile Justice Board	
22	HIV	Human Immune Deficiency Virus	
23	SR	Sponsor Relation	
24	SRC	Sponsor Relation Coordinator	
25	EPF	Employee Provident Fund	
26	ESI	Employees State Insurance	
27	PMKVY	Pradhan Mantri Kaushalya Yojana	
28	VHSNC	Village Health Sanitation & Nutrition Committee	
29	AWC	Anganawadi Centre	
30	SEL	Socio Emotional Skill	
31	IGCL	Intergenerational coping and learning	
32	PDO	Panchayat Development Officer	
33	MGNREGA	Mahatma Gandhi National Rural Employment Gurantee Act	
34	ANM	Auxiliary Nursing Midwifery	
35	ASHA	Accredited Social Health Activist	
36	SRI	System of Rice Intensification	
37	SWI	System of Wheat Intensification	
38	IEC	Information, Education and Communication	
39	RIP	Reading improvement program	
40	SIM	Skill in Mathematics	
42	VHNSC	VILLAGE HEALTH, SANITATION & NUTRITION	
		COMMITTEES	
43	MAS	Meconium aspiration syndrome	



#### 2.1 Project - CHILDFUND INDIA

2.1.1 Special Support class for the Children and Youth: Three Volunteers were appointed for three Special support classes in three villages of ChildFund working area and oriented on the purpose, provisions at the centre for children and youth, role of community mobilizers and special teachers, child protection policy etc. Children were provided library books and indoor play materials to read and play in their house to spend their leisure time after their regular classes. Along with this kit the project has also provided SEL booklet and parental information guidance books for the children to do their activities at home during COVID 19. 70 children were provided the IGCL kit to spend their leisure time with their family members creatively. At the centre the volunteers were supporting the children for their online classes and providing support classes in Maths and Science for the children. Altogether 442 children participated in the three centres. The rest of the children were contacted through the phone calls and were motivated to do their activities in IGCL kits, making them to engage in craft works, enquiring about their online education, health issues etc and along with this, children were motivated to do science models and science experiments at the centre. The volunteers were also facilitating the Child clubs and youth clubs at the CRC centre and national and local festivals are celebrated and various games and cultural events were conducted.

2.1.2 Activating the 'Bal sabha', "Meena Manch' and children's parliament at the school level: The project coordinator oriented the community mobilizers on the functions of child club, need of building rapport with the children, conveying children on monthly themes, assigning different activities to the children based on the monthly theme, Collecting the photographs of the children performance through phone and keeping the track of the activities related to IGCL and online education. The community mobilizers discussed below themes in monthly basis in July -"Art activities" under this activity children prepared flowers, flower vase and other craft items through waste materials and shared their pictures and items through WhatsApp group. In August children shared their experiences of the best 10 good things which they learnt during lockdown period and shared through the charts and they worked on "Independence Day & making greetings related to Independence Day" these activities were asked to share over the phone and asked to share their cards through their WhatsApp numbers. In the month of September, the child club members have done the activities related to the food loss and waste and presented their views. The project staffs motivated the children to do art and craft items at their home and to share the pictures of their items. Regular follow ups were done to incorporate all the children to the clubs and engage them in different activities in order to provide better platform for their talents during these COVID 19. In the month of October the theme was "World post day on

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October 10, 2020" and passed information on post and postal cards and asked to write letters to their friends and post the same. Three children posted their letters to their friends and 15 children wrote their letters and kept by themselves as they are not able to travel to post their letters. Children are also provided awareness on "Sukanya samruddhi Yojana"

In the month of November discussed the monthly theme "Children's Day celebration". Children are asked to send their drawings on the theme and distributed the prizes. In two learning centres, children celebrated children's day with cultural programs. 21 Children sent paper lanterns prepared by themselves and shortlisted three best models to honour. In the month of December, children discussed about the monthly theme "Farmers Day - December 23". Children were asked to send their drawings and essay writings on the theme.

In the month of January, the theme "Engaging children in community work", "Science Day" in the month of February and "World Women's Day" in the month of March 2021 was discussed. Children were asked to identify their community issues and to give appeal to the local government department in order to resolve the community issues and asked to send their drawings, poems and essay writings on these themes. In two villages' child club and youth club member's interaction was organized and the coordinator facilitated the interaction session on the project activities of FY20-21 and collected feedback from the children as a thematic group of 6-14 and 15-24 age group, youths conducted games for the club children, exhibited their cultural talents during the program etc. Altogether 1124 children participated in the 15 child clubs.

- 2.1.3 Mapping and Assessment of SMC functional status and issues: 15 government schools had taken for the mapping and assessment. Therefore, SMCs and school teachers are informed about the assessment through phone calls and personal contacts. The purpose of the assessment was conveyed and asked to submit the assessment sheets after filling the same to the project office. The assessment sheets were sent to the respective schools and the filled forms were collected, assessed and data was used during the time of capacity building training of SMCs at the project. As per the observation, the data obtained from the assessment was very much useful to schedule the training to capacitate the SMCs. Altogether 30 SMCs and school teachers of 15 schools had participated in this activity.
- 2.1.4 Capacity Building and support on School development Plan: The project had organized two days session for the SMCs, teachers and PTA. The resource persons Mr. Joslyin T Lobo and Ms. Evlin Bennis, Faculty of school of social work, Roshni Nilaya Mangalore, trained the SMCs on RTE Act 2009, Functions of SMCs, Major role- SMC development plan, Major role-Regarding children, Major role-Monitoring facilities and government facilities to reach, Major role- Maintain property and amenities, Community related responsibilities, Suggestions to

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strengthening SMCs and at the end of the session the group prepared the Action plans to carry out their school developmental activities. Different group activities were conducted to make the sessions simpler to understand, to take hold of the sessions and to make the sessions more interactive. Altogether 30 SMCs along with resource persons participated in the program. Through the program the SMCs were able to improve their knowledge on different concepts related to SMCs and listed different issues related to their schools such as – lack of subject wise teachers at 17 schools, lack of school compound at 4 schools, basic infrastructures at 7 schools, toilet facility 3 schools, road related issues 1 school, mid-day meal issues 2 schools, class room issues 3 schools, drinking water 1 school, hall and library 2 schools etc and SMC members agreed to work on these issues and resolve the same through the support of community, stakeholders and government departments.

The second session was facilitated by Dr. Sahana, chief medical officer at Government ayurveda dispensary, Kaniyur and oriented on school-based health services, first aid management, COVID precautions, iron folic acid supplement, health and hygiene in school etc. Mr. Ravi, PDO, Naravi oriented the gathering on MGNREGA scheme, relationship between SMC and Panchayath, role of Gram Panchayath in school development work, schemes related to cleanliness, school construction works etc. Mrs. Kalalaji and Ms. Saraswathi, teachers, government higher primary school, Bajire shared their experience of their SMCs and the developmental works that have been undertaken by the committee for school development and the journey towards a model school. Discussion session was facilitated in order to have better understanding of the concept and to make them to understand the practical applicability.

All the teachers and SMC members got better opportunity to understand the different schemes under the health department and Garam panchayaths in order to improve the school standards and to safeguard their children. SMCs got motivation by interacting with the other schools to improve their capacities and to find suitable resources to improve their school standards. Altogether 31 teachers, SMCs participated in the program.

2.1.5 Formation and Strengthening of SMC federation: The project facilitated the SMC federation at block level. 30 SMC members group was oriented on the SMC federation and the roles and responsibilities of each member in the federation, discussed on the future actions of SMC federation etc. Out of 30 SMC members 15 members were selected and formed SMC federation and agreed to work according to the rules and regulations towards the school developmental activities. These members were trained on school management, child protection, parents and school management committee responsibilities etc.

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- 2.1.6. Capacity Building of PTA on School governance and advocacy: The project facilitated orientation session by Ms. Mamatha, Training coordinator, Padi Mangalore on RTE Act 2000, parent's responsibilities in school governance, and suggestions to strengthening the SMCs etc. Discussion session was facilitated in order to have better understanding of the concept and to make them to understand the practical applicability. Group activities organized to have discussions on identifying the strengths and weaknesses of the SMCs and PTAs and to list out the different expectations of the committee members towards school development. PTA members identified the issues of their schools such as lack of toilet facilities, school building renovation, lack of science lab materials, play materials and basic infrastructures and prepared action plans to resolve the same. 36 PTA members participated in the session and improved their knowledge.
- 2.1.7. Establishing and regularly operating libraries and Lab at schools: The project had supported the seven rural underprivileged government schools by providing library books of Rs. 63,000, Science lab materials of Rs. 58,100, Teaching Learning Materials of Rs. 18,900 and provided Cupboards of Rs. 42,000 and the distribution was held in the presence of Mr. Pratap Simha Nayak, Member of Legislative Council Karnataka Government and other local authorities.

The project with the support of Child Fund India had supported one rural government schoolby providing smart class facilities. The school was provided the digital smart class equipments and the school faculties, SMCs and education department together collected local contribution and arranged tiles and did painting and other maintenance work of the room and class was handed over to the education department.

- 2.1.8. Financial and Academic support to the Children and youth for continues high school education: Project organized scholarship test for 54 youths as one of the criteria to select the needy beneficiaries. And the beneficiaries were finalized on the basis of scholarship test, children who are not receiving DFCs, children with poor economic condition, those who paid college fees have appropriate documents to produce etc. Youths were oriented on the need and the objectives of the program and the youths were motivated towards higher education. The project transferred the amount to the bank accounts of 20 youths by considering the restrictions to organize the distribution program due to COVID 19. Through the support the youths were able to cope up with the financial crisis raised due to COVID 19 which worsened their situations and they could able to pay the college fees for the present academics.
- 2.1.9. Monthly youth club meetings: The project coordinator oriented the community mobilizers on the functions of youth club, need of building rapport with youths, conveying

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youths on monthly themes, assigning different activities to the children based on the monthly them, Collecting the photographs of the performance through phone and keeping the track of activities. In the month of July youths were given the theme "World youth skill day" and trained on 10 life skills. In the month of August youths worked on "International youth Day" and done different activities such as speech, art and craft etc. Independence Day related activities conducted and youths took initiatives and honoured 10 COVID worriers in Koyyur Village such as ANMs, ASHAs, Beet Police, Panchayath members etc. In the month of September, "International Day of Awareness of food loss and waste" was discussed. Two members each presented the theme in nine youth clubs on the theme and decided to create awareness on the same among their family, friends and community.

The project staffs motivated the youths to do art and craft items at their home and to share the pictures of their items through WhatsApp. 20 youths are selected and given prizes for their better performance. The project manager trained the youths on presentation skills to build their personality in order to get better job opportunities. Youth provided platform to exhibit their talent in terms of organizing quiz competence and games and exhibited their talents in terms of performing songs, dance etc.

In the month of October, the Coordinator discussed the monthly theme "World mental health day". Youths are asked to collect the information on the same in two groups and to present before the club members. Youth provided platform to exhibit their talent in terms of organizing quiz competition and games and exhibited their talents in terms of performing songs, dance etc. In the month of November, the coordinator discussed the monthly theme "Team building". Group activities are conducted on team building to make them understand better about the need and the importance of a team, how to build a team, how to solve any issues through team work, community developmental activities through a strong team etc. In the month of December, coordinator discussed the monthly theme "Farmers Day on December 23". Group activities were conducted on Social and emotional life skills through different activities, individual presentation was done on the children's day celebration and the responsibility is given to other members to do presentation on farmers day in January. Youths prepared Christmas stars on the occasion of Christmas as a part of their art activity.

Coordinator discussed about the monthly theme "Youth participation in community development" in the month of January, "Science day" in the month of February and "Women's Day" in the month of March 2021. Group activities were conducted on community developmental program through different activities, presentation on farmer's day, motivated the youths to participate and seek community support for the blood donation camp that the

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Organization had planned to organize at Ujire. Regular follow ups were done to monitor their performance in the clubs and to engage them in different activities in order to provide better platform for their talents during these COVID 19. In 2 village's child club and youth club member's interaction was organized and the coordinator facilitated the interaction session on the project activities of Financial Year 20-21 and collected feedback, youths conducted games for the club children, exhibited cultural talents etc. Altogether 427 youths participated in the youth club meeting.

- 2.1.10. Start-up fund to initiate the business Agri and allied based, off-farm based (for e.g. -Mushroom cultivation, vegetable, SRI, SWI, animal husbandry etc.) The Organization supported 3 families for the construction of vermi compost pits to support their agricultural activities. The interested families were selected by the program coordinator after listing the applicants, had visited their home for need analysis and to discuss with the family regarding the assistance. A practical training session was organized for the participants to gain knowledge on the same and to get first-hand experience to motivate them towards the activity. Financial assistance was given to 3 beneficiaries to construct vermi compost two beds for each family in order to support their agriculture and to produce organic manure to get better yield.
- 2.1.11. Training and support youth/marginal farmers on animal husbandry (goatry/cattle/piggery): The project had supported the 10 enrolled families for purchasing goats and cows to raise their economic standards of their family. The community mobilizers and the program coordinator after listing the applicants had visited their home for need analysis and to discuss with the family regarding the assistance. After finalizing the beneficiaries, the project asked to submit their application along with all the necessary documents with their consent form. After all the procedures the amount was transferred to the beneficiaries' accounts to purchase Goats and cows to start their own self-employment. The project supported to purchase single goat and along with that each families had to purchase one more with their own efforts to continue their business. Monthly follow ups had done by the project to monitor the efforts taken by the family to carry out the implemented activity and to reach planned outcome. Altogether seven enrolled families were provided assistance to purchase goats and three families were provided cows. These youths and their families got opportunity to improve their economical condition by doing self employment.
- 2.1.12. Promote "Development Education" kit covering subjects such as communication, leadership and train the members on the above: The project organized life skill sessions to the youths of ChildFund project area. The project coordinator and the staffs oriented the groups on the leadership concepts such as qualities of good leaders, how to improve leadership qualities,

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opportunities at home, school, and colleges and in community to exhibit their leadership qualities, difference between bossism and leadership etc. The session on communication skills included- verbal-words, sentence and voice and nonverbal communication-body language, facial expression and tone, how to improve communication skills etc through power point presentation. Group discussions were conducted by dividing the youths in different groups and different activities were conducted on the theme for the better understanding. Altogether 49 Youths participated in the program and improved their knowledge and skills.

- 2.1.13. Training on community-based monitoring system and documentation: The project organized a day session on community based monitoring system and the documentation process to the youth groups. The participants oriented on the purpose of the program and need of monitoring system and documentation in the youth clubs. Mr. Mohan Bangera, PDO, Bandaru Gram Panchayath trained the youths on different schemes for the community and the possible community developmental works that the youths can undertake for the community development, MGNREGA Schemes for community development activities etc. The training was helpful to youths to understand the different schemes under the local panchayath raj system and how to utilize, whom to approach to resolve the issues of their community. Altogether 55 youths participated and benefited by the program.
- 2.1.14. Training on advocacy processes specific to Child Protection: To capacitate the youths in child protection and as a part of youth initiatives the Organization facilitated the session on Child protection issues. The program coordinator oriented the youth groups on the objectives of the session that mainly planned to spread safe and happy environment for children at school, community and at home. Through the session youths were educated on the child protection policies and procedures, informed on neglect, physical, sexual and mental abuse, child labor, child marriage, good touch and bad touch, basic information on identifying possible child abuse cases and the methods of responding to the issues etc. Group activities, small games and the debate session were organized to make them to have more clarity on the same. Altogether 40 youths participated in the training and improved their knowledge on the same and assured to act against the child abuse cases in their community with the support of the Organization and community.
- 2.1.15. Introducing fellowship program in the name of Grassroots (Youth led projects developed and implemented by them as per local needs): The project coordinator oriented the youths and the community mobilizers on the need and the importance of the program organized. The whole group was divided into two groups and discussed about their community issues and identified the different issues to be resolved with the support of local panchayath and decided to

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give appeal to the President and the members of their Gram Panchayaths. Youths prepared action plan to move forward in resolving the issues of their community. The project's community mobilizers and the youth club leaders were provided the responsibilities of doing frequent follow-ups. 50 Youths got opportunity to participate in the discussion and to know the issues of their community and will act more responsively towards community development.

- 2.1.16. Organizing Advocacy campaigns: Youths were oriented on the child protection and informed about the POCSO Act of 2012, Child labor prohibition act of 1980, Child welfare committee, child protection unit etc. As the part of advocacy campaign, the announcements were done in terms of songs and dialogues in the 15 villages of project area and distributed the pamphlets on the same. The project had not able to gather the public as per the protocol of the government due to COVID 19.
- 2.1.17. Creating youth identity through building visibility and branding of youth collectives/organizations: The youths are informed about the program and the need and importance of the same. Project officer oriented the youths on the vision, mission, goal and objectives of the youth club. And youths were asked to work on the same after collecting the opinion from all the club members. All the leaders from 9 youth clubs were attended the meeting and youths were provided opportunity to discuss with all the members and they finalized the vision and mission as follows: Vision: To provide equal opportunity to all youth of the society. Mission: To provide right information and facilities every youth of the society. Altogether 17 youths participated in the meeting.
- 2.1.18. Initial Orientation of Villagers and Awareness on VLCPC: The project had conducted the orientation session to the villagers and committee members of six project villages on the child protection issues, roles and responsibilities of Village Level Child Protection Committees, the functions of the committee, the process of initializing the process and resolving child related issues raised in the village etc. Altogether 78 members participated in the program.
- 2.1.19. TOR/Constitution for functioning of VLCPC is in place: The Organization with the support of ChildFund India had printed the terms and condition of VLCPC for the training. The purpose of the program was to provide proper guidelines to VLCPC members on same. Booklet will help the VLCPC members to raise awareness among the community on VLCPC. Printed six set of booklets for six committees and distributed the same. With the support of ChildFund India the Organization distributed Child protection flex boards to six government primary schools in the presence of VLCPC committee members so that the children and their parents can access the information on VLCPC and to seek their support in any emergencies.

- 2.1.20. Regular Review meeting of VLCPC and Leveraging services and benefits for Children needed support as per the assessment: Regular review meeting was organized in all the VLCPCs and the orientation session was conducted on child protection, child rights, POCSO act, RTE Act 2000 etc to capacitate the new members and refreshing the knowledge of the old members as this meeting was organized first time in the FY 20-21. Discussions session was facilitated by the project coordinator and identified various issues related to the children such as 2 children are not enrolled to the 8<sup>th</sup> standard at Malebettu, 13 children were not attending the schools after lockdown at Bangady. After the intervention 13 children are readmitted to the school by the SMCs, VLCPCs and school teachers and now they are regularly attending the classes. Two children were enrolled to the 8<sup>th</sup> standard by the VLCPC members.
- 2.1.21. Emergency support: CKSK with the support of ChildFund India had supported eight enrolled children of CKSK Ujire under emergency support. By understanding the need of the time and by analysing the need of the family the project had supported three children to purchase food kits; one child was financially supported for her father's funeral ceremony as she lost her father due to heart attack. One child was supported financially as he was admitted to the hospital due to viral fever. Two enrolled children with special needs were supported during COVID 19 for the food kit and hygiene kit. One child was supported to purchase food articles after her father's death due to heart attack. Theses emergency supports helped the enrolled children and their families during the crisis and to deal with their immediate needs.
- 2.1.22. Quarterly orientation to the Community mobilizers/ Volunteers and staff on SR for improving quality communications: Staffs were oriented on different types of SR communications, quality communications and quality assessment of children correspondence by community mobilizers, SR coordinator and Project Officer before sending the letters, DFC utilization, bank passbook updating and follow up, updating FSD during family visits and Updating Kobo collect etc.
- 2.1.23. Strengthening of SR Committees: Orientation was given to the mothers group on the SR activities and sponsor communications, importance of child participation in SR/project activities, FY 2020-21 project activities, DFCs and the new policies and plans of CFI etc. Project coordinator facilitated the discussion session and discussed about the child participation, DFC amount imbursement etc. Children, Parents and stakeholders gained and improved their knowledge on SR related activities and the DFCs etc. Altogether 125 participants benefited by the program.



#### 2.2 Child Fund India - Gangavathi

#### 2.2.1 COVID - 19 Responses:

Food Basket: Through this activity the project addressed the immediate needs of food as a result of lockdowns and loss of labour resulting in starvation and hanger in the families. The food basket distributed to the enrolled and community in project area. 125 families received the food basket during COVID -19 lockdown.

Health Kit: Hygiene is one of the priorities of our project. Considering the lockdown situation, the project distributed the hygiene kit. The kit consists of Masks, soaps, sanitizer, bleaching powder, and kerchief. The kits were distributed to the enrolled and community to curb the spread of COVID - 19. 262 families received the hygiene kit and seven staff received the hygiene kit during lockdown situation.

Frontline worker kit: Having understood the danger to the services of the frontline worker in remote villages and in affected areas the project helped the frontline workers by giving them hygiene kit in their field level intervention. The kit consists of thermometer, N95 mask, soap, sanitizer, bleaching powder and hand kerchief. Front line worker kit distributed to ASHA worker in the project area. 30 ASHA workers received the frontline worker kit.

Seeds and Organic fertilizer: 100 enrolled and non – enrolled family received the different kharif crop seeds such as Paddy, Bajara, Maize and Jowar. Each family received the organic manure for the respective crops.

Community Gift: During the lock down Intergeneration Coping and Learning (IGCL) kit distributed to 140 enrolled children in small groups under community gift. Informed about IGCL usages and support class volunteers doing the follow – up and hand holding to individual child in their respective villages. In lock down children were busy with painting, drawing, craft work etc 2.2.2 Special support class for the children and youth: The support class services were extended to children in COVID – 19 pandemic situations. Since the schools were closed project planned to cater the needs of the children in education through child resource centres. COVID protocols were followed such as wearing mask and using sanitizers. The small gifts were given to children those who did well in the activities. IGCL kits were distributed to 130 enrolled children in the project area. 157 enrolled children and 99 non – enrolled children were utilizing the support class services.

2.2.3 Establishing & regular operation library and lab at school: The project had established 10 school libraries in the project area. During lockdown schools were not opened, the project planned the library activity with vidyagaman school program in respective schools. The project planned in to conduct a drawing competition. The different themes were given to children on

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social issues. Children were awarded for the best performance. 983 children were participated in these activities.

- 2.2.4 Capacity Building of SMC on School governance and advocacy: In this training the resource person explained about the history of SMC and its importance in school development. Resource person also explained about the roles and responsibilities of SMC members and about school governance and steps in advocacy. SMC members, how they can mobilize the resource for school development explained in details such as mobilizing resource from various department such as Gram Panchayat, Zilla Panchayat, education department. Also explained that how they can be linked to the other department to utilize the government services in detail. Resource person Briefed about RTE 2009 and School Development Plan (SDP). 121 SMC members participated in these training.
- 2.2.5 Capacity Building and support on School development Plan (SDP): In this training explained about the importance of school development plan. Resource person explained how we can plan for development of school, how to motivate parents to send children to school, identification of school issue and minimize the issue and so on 60 SMC members attended the training.
- 2.2.6 Formation and Strengthening of SMC federation: Resource Person explained about the importance SMC Federation in the project area. Explained in detail about the federation bearers like president, vice president, secretary, and members of the federation. The member of the federation will be representative of each SMC from the school. The all members decided to continue the last year federation bearers for the current year.
- 2.2.7 Capacity Building of PTA on School governance and advocacy: In 14 project villages conducted Parent Teacher Association capacity building program. In this training explained about goals and objective of PTA. Explained how the PTA helps in welfare of child in school and in community. In this training explained how the secured the child protection law. The PTA builds a good relation between child, parent and teachers. Explained about roles and responsibilities of PTA. Explained the function of PTA in school and in community. Briefed about RTE 2019, child rights and child protection. 60 members participated in the training.
- 2.2.8 Child Club meeting: In project area formed 10 child clubs and conducted quarterly meeting with child club members. In these meeting discussed about child issue, child rights, health and hygiene. 215 child club members participated in the meeting.
- 2.2.9 Children Gram Sabha: In project area Chikkabenkal gram panchayat conducted the children gram sabha. In children gram sabha discussed about child rights and child issues. Some



of the children raised the issue in school such as toilet, drinking water and subject wise teacher, bus facilities to villages etc,. 45 children were participated in this event.

- 2.2.10 Ensure all in the age group of 15-24 years are enrolled in forums clear entry and exit policy: In project area 7 youth clubs were formed. Explained the importance of youth clubs in village. It addressed the role of youth and their recognition at the state, national and international level. Explained about the youth clubs were formed in the village. A CFI criterion for entry and exit policy was explained to the youth club members. Explained about schemes for youth clubs from state and central government for developing the village. Explained how to do the documentation, action plan for the youth club and follow ups. 22 activities were conducted 452 youths attended the activities.
- 2.2.11 Formation of Youth Federation at project level and train them on mission building, goal and objective and its operationalization: The youth federation has formed in the last fiscal year. In current year reformed the youth federation. Youth federation members are representative of each youth club. In this federation explained about Vision, Mission, Goal and objective. Its importance in youth federation explained and same has documented. Explained members for their participation in all activity of the federation and same has to inform to their respective youth clubs. If any issues in youth club or in village can be discuss in the federation meeting and get the best suggestion from other members in resolving the issue. 142 youths were participated.
- 2.2.12 Training on community-based monitoring system and documentation: project trained youth on community-based monitoring system and documentation. Explained the role of youth in community development and local governance. There are committee in gram panchayat were work closely with the villages. The committees were formed for the following purposes such as water, health and hygiene, child protection. Explained how youth club member can closely work with these committee and same can be documented. Explained about social audit were all works are assess in order to transference for gram panchayat youth can participate in such event. Two trainings were conducted 47 youths were participated.
- 2.2.13 Training on advocacy process specific to CP: Conducting training on advocacy process specific to child protection to youths. In this training resource person Child Wellbeing Committee trained the youths on child protection. In this training explained about the child services at government level and at district level. The institute of government such as police department, JJ board, bala mandir services explained to the participants. 1098 child line services and its function explained in detailed. During training explained the steps of advocacy

process in connection with child protection. Planning process of advocacy explained to the participants. 4 trainings were conducted 127 youths participated.

- 2.2.14 Facilitate representation of youth group at various forums at various level: Each youth club members were trained the importance small groups in youth club. These small committees help in understanding the field level different issues such health, education, social issue etc., Youth club members asked to form the various forums in each youth club based on the issue identified by the club members. The issues are identified such as health, education, environment, social issues etc., these small forums shall help build the good youth club by identifying and approaching the correct person to get solved. The discussions of forms need to be document in youth club meeting. 474 youths were participated in this activity.
- 2.2.15 Mobilize government program aiming at youth development: In this activity explained about the schemes available for youth from state and central government. Various government schemes for youth development that youth can get the schemes by producing the document to utilize. Even some of the schemes such as scholarship for SC/ST at Gram Panchayat, livelihood program for youth development etc., they can get schemes. A resource person from the Prime Minister Skill Development Training centre explained the various training under this program. He explained how they can get admission for this centre and this training institute conducts campus interview and placement. 201 youths were participated in this activity.
- 2.2.16 Start-up fund to initiate business Agri and allied based off form; The RSETI had given the training to 26 members on making incense stick (Agarabatti) for 10 days residential training. Project has financially supported to 30 members. The beneficiaries with their local contribution brought the raw materials of incense stick. They have started making incense stick in their home and selling at local shops.
- 2.2.17 Training and support youth/ Marginal goatry (Goatry) 22 members were given 10 days residential training on goat raring at RSETI. Project had financially supported to 24 beneficiaries in project area. Beneficiaries with their local contribution and with the project support and purchased the goat. 22 youths had completed 30 days tailoring training in RSETI out of 22, financial support has given to 14 enrolled families to purchase sewing machine.
- 2.2.18 Organizing Advocacy campaigns: In eight project villages campaign has been conducted. Before campaign briefed about child protection and children issues Children held handouts of slogans of child protection and against child marriage, child labour, gender issues and school enrolment. During the campaign distributed the IEC materials on child protection. The campaign has taken around the village. Mike and sound systems were used before campaign

and during the campaign. Songs on child protection were played. Children and community actively participated in the campaign. 768 children, youths and stake holder participated in the event.

- 2.2.19 Initial Orientation of Villagers and Awareness on VLCPC: Awareness given on child protection in 14 villages. In this awareness program parents and stakeholders were involved. 226 stakeholders participated in the orientation.
- 2.2.20 Selection of Committee members and Orientation: Trained the selected members on VLCPC in 14 villages. After training selected the members for VLCPC. Selected members were trained on child rights, RTE, role and responsibilities of VLCPC. 464 VLCPC members participated in this activity. In this activity child protection flex given to the 18 schools in project area.
- 2.2.21 Strengthening of SR Committees: 14 SR committees are in project. Twice meeting held with SR Committee. In these committee meeting discussed about project activities and feedback from SR member on project activities. 138 members attended these meeting.
- 2.2.22 Emergency support to enrolled children: 6 enrolled children received the emergency support for health issues such as fever, stomach pain, typhoid, etc. The financial support helped the children to overcome economic crisis.

#### 2.3ChildFund India – Mysore

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- 2.3.1 Provide iron rich food to under-nourished pregnant and lactating mother and Nutrimix supplements to under-nourished children: This activity was organized in Gandhinagar, Shnathinagar and Raghavendranagar. The purpose of this activity is to cover anaemic pregnant women, anaemic lactating mothers and under nourished children in order to improve their health and were provided Iron Rich food kits. In this activity the children, lactating mothers and pregnant were tested and those who are found anaemic were given food materials. Altogether 222 beneficiaries participated and benefited by the program.
- 2.3.2Training of ward members on health and nutrition issues of children: Training was organized for ward members on the topic of health and nutrition and the issues happening to the children with regards to health and nutrition. The participants are aware of the issues and assured that they will ensure all the child right related components at Anganavady centres and schools. Altogether 153 members participated in the program.
- 2.3.3 Training of lead mothers once in 6 months: Lead mothers were trained on how to take care of pregnant ladies, how to introduce nutritious food and oriented about the need to take

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immunization on time. All the best practices were taught in order to boost the development of their babies in the womb. Altogether 15 Parents participated in the session.

- 2.3.4 Organize community event to promote positive parenting practices, share best practices and appreciate and recognize best volunteers, parents/child, supportive community member: Parents were educated about the need of acquiring best parenting skills. The project coordinator explained how parents can improve their relationship with their children in order to make them successful in their life. Children's overall development is depended on the parents. Parents are provided the space for sharing the best practices that they have at present and project recognized the best parents and appreciated them. Participants learnt the best parenting practices which plays a major role in childcare. Altogether 72 parents participated in the program.
- 2.3.5 Formation of committees needed for Child care, stimulation and protection (Balwadi management committees, VHNSC, Child Protection etc.): The committees were formed to take care of the children and to protect the children from any child rights and protection related violations. Parents joined in committees happily to take care of children in community.

  \*\*Altogether 65 members participated in the meeting.
  - 2.3.6 Quarterly Meeting with Peer Educators for Review & Planning: Quarterly meeting was organized for peer educators to identify the children with low haemoglobin count and plan and orient them to improve their regular food practices. Peer educators are aware of the nutrition food to increase the HB percentage of the malnourished children. Altogether 17 peer educators participated in the meeting.
  - 2.3.7 Monthly meeting of lead mothers with caregivers: In the meeting the trainer explained about the SMS System (means S-Social distance M- Mask S- Sanitization). Trained to maintain hygiene, usage of nutritious food and advised to use always hot water to drink. Precautionary methods to be taken against COVID-19 were explained. Explained about the importance of breast feeding, advantages of breast feeding, advantages of 6 month's exclusive feeding, best practices to avoid breast cancers, oriented on the importance of Nutrition Food intake, healthy food habits, awareness was given on the locally available food materials etc. Mother club meetings were organized in three areas such as Gandhinagar, Raghavendranagar and Shanthinagar. Lead mothers shared the knowledge on ORS (Oral rehydration salutation) preparation methods and how to give when a child suffers from vomit and loose motion to prevent the children from dehydration. 611 participants benefited by the program.
  - 2.3.8 Formation of mother groups (MAS) at the AWCs: Under this activity the different committees were formed in mahila arogyasamithi was formed at Gandhinagar, Jagruthi mahila



arogyasamithi was formed at Raghavendha nagar, Vismaya mahila arogyasamithi was formed at Shanthinagar and mother groups were formed at Anganwadi level with 39 participants.

- 2.3.9 Monthly meeting with MAS: Selection of representatives for the committee: The project selected the representatives for the committees and introduced the organization and explained the concept, need and the importance if the committee in the village level. The awareness was given on the COVID 19, awareness was given on the locally available nutrition food, and explained hand wash and the effective steps to be followed. 100 participants benefited by the program and improved their knowledge.
- 2.3.10 Monthly immunization and health check-up of children and Product lifecycle management (PLMs): 70 children's health check up was done at Gandhinagar and Shanthinagar in Primary health centre. All the children's health condition was good. 4 Children and 1 pregnant woman are motivated to receive immunization. Altogether 105 children participated in the camp and benefited.
- 2.3.11 Monthly Nutrition and Health Education (NHEDs) at the AWCs: Conducted Nutrition health day at Gandhinagara and Shanthinagar AWCs and educated the mothers on various notorious food preparations. They were trained to prepare the food items which are locally available, less cost, and contain high proteins. Altogether 100 mothers and children participated in the session.
- 2.3.12 Conducting monthly sessions with adolescents in community:7Adolescent groups were formed in the community and they were,
  - 1. Minuguthare Adolescent group at Gandhinagar.
  - 2. Chiguru adolescent group at Raghavendranagr.
  - 3. Chandana adolescent group at Ashokapuram.
  - 4. Alfa omegha adolescent group at Shanthinagar.
  - 5. Pooja adolescent group at Vidyranyapuram.
  - 6. Vidya Shankar adolescent group at Pushpagiri.
  - 7. Chaithnya adolescent group at NH playa.

The groups were oriented on the physical and mental developments in puberty to adolescence. The menstrual cycle and hygienic practices, good touch and bad touch were explained. The group was oriented to improve their nutritious level by intake of nutritious food. 313 adolescence girls and boys participated in the program.

2.3.13 Enable parents and family members to reading books, playing games, singing narrating stories and conversing with children: In this activity parents were involved in storytelling and playing games. Storytelling competition was organized for parents. Parents

actively participated in all the activities and enjoyed. Altogether 102 parents participated in the session.

- 2.3.14 Organize monthly meetings of young and adolescent by Peer Educators: Peer educators were oriented about their roles and responsibilities to educate the adolescent group. Different child rights, child protection issues were discussed in the monthly meeting; adolescent group was oriented about their responsibilities at school, community and home etc. They were encouraged to identify and do advocacy with the different line departments to resolve the same. 74 members participated in the meeting and gained knowledge.
- **2.3.15 Nutrition Garden:** The Organization supported 23 adolescents with anaemia to establish nutritional garden at their backyards. These children were provided with different types of vegetable plants to grow vegetables and to improve their health.
- 2.3.16 Group meeting with lead mothers on monthly bases: In this activity the lead mothers were educated on different topics such as positive child care, Iron tablets, Nutritious food and child developmental milestones. These meetings were held at Gandhinagar, Raghavendra nagar and Shanthinagar. These lead mothers are now taking lead and conduct the sessions in the group to motivate others. In these meetings they were discussed about the issues related to the health and nutrition of the children and take necessary steps to improve the HB of each and every child. 30 members were participated in the meeting.
  - 2.3.17 Selection of Adolescents Reproductive & Sexual Health (ARSH) mother lead for taking sessions: In this activity ARSH mothers were selected and oriented about the program and its concepts. They were trained about the adolescent stage and the different types of changes that occur in the human body and mind of a person. The mothers were trained to identify the common issues related to the adolescents and given various training sessions related to the physical and mental changes, menstruation cycle and hygiene, nutritious food to be taken by the adolescents to reduce anaemia etc. 113 parents attended the program and gained knowledge.
  - 2.3.18 Formation of boy's and girl's adolescent groups in the community (there would be separate groups for 10-14 and 15-19 and for girls and boys): Through the project the separate committees were formed in the community for the age group of 10 to 14 years and 15 to 19 years girls and boys. Through the committee these children and youths were oriented on various adolescence related issues and more concentration was given to improve their health and nutrition. 80 adolescents were participated in the regular meetings and gained knowledge and improved their personality.

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- 2.3.19 Purchase of Hygiene kit: The Hygiene kit distribution was organized at Gandhinagar, Shnathinagar and Raghavendranagar. 15 Hygiene kits were provided to 5 AWCs in Gandhinagar, 5 AWCs in Shanthinagar and 5 AWCs in Raghavendranagar.
- 2.3.20 Promotion of locally available nutritious food material: Lead mothers were trained on how to take care of their children, Nutrition food for the children, healthy food systems and preparation of nutritious food with locally available food materials etc. 51 mothers gained knowledge on the importance of nutrition food and healthy food system etc.
- 2.3.21 Sas –Bahu Sammelan/papa ki chhitii etc: In this program the mothers were educated on the breast feeding, exclusive breast feeding, inducing nutritious food after 6 months along with the breast feeding, breast cancer, precautions to be taken to prevent breast cancer, how to identify breast cancer, how to take of pregnant woman at home, the immunization and need of iron tablets etc. 99 mothers participated in the program and gained knowledge.
- 2.3.22 Orientation Training of MAS on child development including Early Childhood Education (ECE): Sanmathi mahila arogyasamithi at Gandhinagar, Jagruthi mahila arogyasamithi at Raghavendranagar, Vismaya mahila arogyasamithi at Shanthinagar mahila arogyasamithi attended 2 days training and they oriented about their roles and responsibilities and self-services how they have to give to the community. Dr. Sheela khare trained to participants on early childhood education and how to support their children at home. The resource person trained the ASHA and Anganwadi workers on their roles and responsibilities. 21 members participated in the program and benefited.
- 2.3.23 Operating learning centre for special training to children with leaning gaps": In this activity Children were involved in various activities through phone communication. Since COVID -19 is existing in our project working areas we could not gather the children in CRCs. Through learning centres, the participants did some drawings, craft works and essay writing on the theme of COVID-19. Children attended their classes with the support of TV channels. The CRC facilitators supported the do the online home works or activities which were given in schools. The facilitators involved the children in playing games, drawings, storytelling, craft works, debates and Cultural Activities etc. Teachers conducted test for children's to analyze the children progress in learning. 353 children participated in CRC activities and spent their time by learning new things.
- 2.3.24 Teachers identify children with learning gaps in numeracy and literacy and support facilitators: The program coordinator and the community mobilizers along with the CRC in chargers had conducted English and Maths exams to identify the gaps in basic numeracy and literacy. The children who are weak in both the subjects were provided extra care by providing

coaching. The Children who are weak are identified. 160 children were identified with learning gapes and provided trainings at CRCs.

- 2.3.25 Special Counselling session and referral with the Children as psycho social support: Special counselling session was provided for four children and identified the reason for being drop out and encouraged them to continue their education. Identified the behavioural problems and motivated them to improve their self-confidence through different activities and taught few life skills to overcome negative thoughts and actions.
- 2.3.26 Storytelling workshops for the parents and community members: This program was organized for parents because they don't spend much time with the children and also children spend time with television and videogames which were not a good practice. This program helped the participants to understand the need of storytelling and trained them to practice the same to telling stories for their children in order to develop positive behaviours. The parents now practicing the same with their children to draw their attention from the TV, mobiles and video games etc. 77 parents attended the session and benefited.
- 2.3.27 Special support class for the children and youth: In this activity the project started three special support classes in Raghavendranagar, Gandhinagar and Shanthinagar to help the children for those who were weak in their studies. As the children were not able to go for private tuition because of their parent's finical condition, the organization took lead and started special classes for the children who were in need. The facilitator gave more time for the children individually and concentrated on basic Kannada and English Grammar, general knowledge, mathematics and covered all the subjects and also conducted the exams to understand the status of each child. 30 children were attended the classes and improved their academic performances.
- 2.3.28 Inter-Generational Copying & Learning Kit: IGCL kit was purchased and distributed to 5 enrolled children which consisted drawing materials, story writing, Craft work materials and painting etc.
- 2.3.29 Educational kit distribution to enrolled children: Education Kits were distributed to Enrolled children in 16 working areas of our project. 326 children benefitted in this program. The education kits contained Bag, Geometry Box, Umbrella, and Water Bottle.
- 2.3.30 Regular meetings of VLCPC: The Village Level Child Protection Committee meeting was organized at Gandhinagar on 23rd of June 2020. The purpose of this meeting was to give awareness about COVID-19 and the orientating on Child Rights. The participants discussed the protection issues in the community and planned to form Ward level committees to strengthen the protection system. The committee came to conclusion by planning to do Area mapping which helped them to identify the children ward wise and form the committees.

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2.3.31 Life skills for increased confidence and decision making: In this activity spoke about the Life skills which are very important to everyone's life. Gave a talk about self-confidence. Oriented to analyze the situation and take a right decision when it comes to children. And also explained the freedom of decision making in related sectors. The participants were aware of Self-confidence, Life skills, and decision making. We formed five child protection committee-two committee in Gandhinagar, two in Shanthinagar and one in Raghavendranagar. The programme was conducted for one committee on the topic of life skills like improvement of leadership quality and communication skills. With these two topics confidence is also added which is very important for the children. With the help of this program the children were able to come forward for any activities and think and decide individually. 159 children participated in the training session. The project had formed five parents' groups newly. Two in shantinagar, two in Gandhinagar and one in Raghavendranagar. In each group they have 20 members. The life skills program was conducted to parents regarding improvement of confidence and decision making. This topic was helpful to the parents those who depend on others for decision making.

2.3.32 Conduct trainings on child rights: through these trainings explained the Rights of the Children, Child Labour, Child Marriage, Child Trafficking, Missing Children etc. The parents came to join the hands to prevent the Child rights violations in the community. Along with this the children were trained on Child Rights. The Child Rights are explained in detail and additional information regarding Child Labour, Child marriage. The participants were given awareness on where to approach when some violation takes place. The child helpline number was refreshed in the participant's memory. And finally, IEC materials on child rights were given to create awareness in community. 212 parents and children participated in the training session.

2.3.33 Capacity building training for VLCPC members: In this activity Parents, children and Senior citizens were participated. The participants were oriented on Child Rights, Child help line number, Child Labour, Child marriage, Child trafficking and sexual abuses happening on children. The participants received lot of knowledge about the child protection which will help in saving the children in the community. 19 children were participated in the program and benefited.

2.3.34 Child groups collectively take actions on incidence of violence in families/communities: In this activity the children shared about the issues they were facing in their life and how to overcome from the issues. Children planned to identify the children and support them to overcome from the issues they were facing. The main aim of this program was to improve the confidence level of each individual to face day-to-day challenges. This program was

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all about how each individual should attentive towards their locality/community. So far they did not observed any issues so they were trained to monitor so that they may be attentive towards their community. The children were actively participated and they became bold that indicates they will be monitoring the violence in their community. 113 children participated in the program and improved their knowledge.

- 2.3.35 Initial Orientation of Villagers and Awareness on VLCPC: In this activity VLCPC is introduced to villagers and oriented about its roles and responsibilities in the community. The villagers were oriented to avoid the violation happening in the community with the support of VLCPC. The villagers now came to know the existence of VLCPC and now they will be ready to join the hands to support the children from the violence. 41 children and parents were trained on the same.
- 2.3.36 Regular Review meeting of VLCPC and Leveraging services and benefits for Children needed support as per the assessment: In this activity the VLCPC members were involved for regular meeting to discuss the issues they monitor in the community. And steps to be taken to avoid the misuse of the children41 children and parents participated in the meeting.
- 2.3.37 Liaise with VLCPC members: In this activity meeting was held with VCPC members and discussed on the child related issues identified by the VCPC members. But the VCPC members did not find any such issues in the Village/ Ward level. The participants were oriented on where approach if such issues take place. The villagers now came to know the existence of VCPC and now they will be ready to join the hands to support the children from the violence. 27 children participated in the meeting.
- 2.3.38 Sanitation awareness to adolescent girls: Awareness program was organized to 41 Adolescent girls and distributed sanitary napkins. They were train to maintain the cleanliness during the menstruation period. They were trained to use and disposal of sanitary napkins.
- 2.3.39 Ensure all in the age group of 15-24 years are enrolled in forums clear entry and exit policy: It is youth club meeting in the meeting discussed mainly about COVID-19 Pandemic, how to be safe from Corona virus. Spreading awareness about precautions of COVID-19. The participants are aware of all precaution methods to be safe from COVID-19 Pandemic. 123 youths participated in the sessions. 15 Youths were trained on Visions, Mission, goal and Objectives of Youth Club.
- 2.3.40 Training of youth on accredited vocational training courses.: 5 youths had given Computer Training Course Like Basic Computer and Tally to improve their technical Skills.
- 2.3.41 Formation of issue based sub-committees within the forum to take care education, health, environment etc: The project had formed five issues-based subcommittees in

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Raghavendranagar, Gandhinagar, Ashokapuram NH Palya and Mahadevapura. In this Month the health-related issues facing in the community like COVID-19, Viral Fever and Dengue are discussed. Our committee members had discussed how to overcome these issues. Finally, they decided to spread awareness to Community by Conducting Rally. 50 youths participated in the committee.

- 2.3.42 Training on advocacy processes specific to Child Protection: This Program was organized in Gandhinagar and Ashokapuram. In Gandhinagar and Ashokapuram the Project oriented regarding the program particularly about the Child Protection and also oriented on Child Rights, Child Protection issues, Advocacy Process, CWC and JJB Activities are done to seek the attention of the participants, 62 youths from different localities such as Srinagar, Bamboo Shanthinagar, Gandhinagar, Kesare, Pushpagiri, BM Raghavendranagara, Ashokapuram, NH Palya, Mahadevapura and Vidhyaranyapuram participated in the program. The youths are grouped into 3 & directed to enact a play regarding child rights & child protection. At the last, feedback session was conducted to check the effectiveness of the program. The participants actively participated and gained the knowledge on discussed topics Enrolled (F) – 30, Enrolled (M) -21, Non-Enrolled(F)-9, Non-Enrolled(M)-05.
- 2.3.43 Organizing Advocacy campaigns: This Program was organized in Shanthinagar the co-coordinator gave speech on Child, youth and Women Protection Issues. The youth were Grouped into 3 and told them to list out the Child, youth and women protection issues facing in the Community. For the next session they were given the assignment to find out the solution for the listed issues. At the end of the session, we organized small rally to spread awareness to the Community on Child, youth and Women Protection issues. The participants are aware of issues related to Child, Youth and Women in the community Enrolled (F) 05, Enrolled (M) -04, Non-Enrolled (F) –7, Non-Enrolled (M) -01
- 2.3.44 Food Basket Distribution: Understanding the present Covid-19 Pandemic crisis, ChildFund India supplied food baskets for 622 (103 kits as Community Gift from Unprocessed DFC) economically weaker families. ChildFund India supported children and their families whose daily income has been blocked due to lockdown in our community. The supplied food baskets contain Rice (17 KG), Toor Dal (1 KG), Refined Oil (1 LTR), Sugar (1 KG), Powder Salt (1 KG), Crystal Salt (1 KG), Turmeric Powder (100 Grm), Chilli Powder (200 Grm), Samber Powder (250 GRM). Along with the above Covid-19 Response relief materials, Project staff members proactively worked in awareness, sensitizing the communities to maintain health and hygiene practices during this Covid-19 Pandemic.

- 2.3.45 Hygiene Kit Distribution: This activity was conducted in the month of May 2020. As the Corona virus came to an existence people were in need of Hygiene kits. With the support of ChildFund India 429 Hygiene kits were purchased and distributed to our Enrolled and community Children to fight against Covid-19. Hygiene Kit contains Sanitary Napkins, Savlon Soap 10 (45Grams, Phenyle (1000ML), Hand Sanitizer (200ML), Tooth Paste (50Grams), Tooth Brush, Parachute Hair oil (100ML), Face Mask (Disposable).
- 2.3.46 Nutrition kit: was distributed to 100 Enrolled children who are malnourished. The purpose of distributing the nutrition kit was to improve the children and parents' health.
- 2.3.47 Intergenerational coping and Learning Kit Distribution: 533 Intergenerational coping and Learning Kits were distributed to our enrolled children. The purpose of this activity is to involve our Enrolled children in different kinds of activities and to bring out their hidden talent through this activity. 533 participants were benefitted in this program and received creative Art & drawings from the children on the theme of COVID-19. The children were engaged in different activities to avoid sitting idle at home.
- 2.3.48 Frontline Workers Kit: This activity was conducted in Gandhinagar, Shanthinagar and Raghavendranagar. 17 Frontline Workers kits were purchased and distributed to Asha workers in these above mentioned 3 working areas of the project. Asha workers play important roles in this COVID-19 Pandemic to track the migrants in the community. With the handholding support of ChildFund India the participants were helped to do their job securely.

#### 2.4 Project- Volkart Foundation Indian Trust

- 2.4.1 Orientation to teachers on Reading Improvement in English: The spoken English class was organised by CKSK with support of Volkart Foundation Indian Trust for the selected government teachers. The Resource Person initiated the course with brain storming session to know what exactly supportive teachers need to make themselves more creative to the children. They had five classes per day for learning Basic English Grammar. The classes focused on Sentences, Nouns, Pronouns, Adjectives, Verbs, Adverbs, and Tenses etc. The Resource person with the help of the coordinator conducted evaluation to the teachers to know their progress. It was organized under the guidance of Ms,Nancy was the faculty-in-charge in English in one of the well-known school in Chikmagalur.
- 2.4.2Implementation of RIP, SIM and RIE module by 25 Teachers: Capuchin Krishik Seva Kendra along with the support of Volkart Foundation Indian Trust has organized inauguration of Reading improvement and skills in mathematics program at CKSK office premises. The one of the purposes of this activity was to raise the reading as well as learning skills in mathematics

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of poor and backward students and raise their result and work towards to minimise the drop outs and thus retain the Government schools. The Programme was formally inaugurated by Ms. Sowmyalatha member of Zilla Panchayath Belthangady, Laila Block.

- 2.4.3 Orientation to teachers on RIP and SIM Module: The 25 newly appointed teachers were oriented in RIP & SIM programs. Teachers were enlightened on objectives of the project such as how to improve reading and skills in mathematics, English in detail. The teachers were trained how to use various cards, pictures, stories in the RIP & SIM classes so as to make every syllabus graspable. It also included about intake of the students, teaching methods and assessment of the children's learning. The Project team prepared the Baseline survey format for assessing learning level of children in Reading and writing, it includes Dictation, story to read and write the answers, Imaginary story writing, Paragraph writing about a friend and also provided analysis rubric to the teachers to assess the children learning level.
- 2.4.4 Assessment status of SDMC on school developmental plan SDMCs and school teachers were informed about the assessment through meetings and phone calls. The assessment sheets were sent to the respective schools and the filled forms were collected and assessed. The data was used during the time of capacity building training to the SDMCs. The purpose of the assessment was to assess the facilities available in the schools, source and types of information about the SDMC and the presence of supportive information of the SDMCs, awareness regarding SDMC members of the objectives, powers and duties of the SDMC. The assessment study focuses on the role of the SDMC in the school development plan and thus motivates them to take effective steps in strengthening the quality education.

## 2.4.5 Training/Planning session to parents, SDMC & PTA about school development activities.

A one-day training program for the School Development and Monitoring Committee (SDMC) members was held at CKSK. The program began with the lighting of the ceremonial lamp by Ms.Evlyin Bennis Faculty of Roshni nilya, School of Social Work, Mangalore. The resource persons Mr. Joslyin T Lobo and Ms. Evlin Bennis, trained the SMCs on RTE Act 2009, Functions of SMCs, Major role 1- SMC development plan, Major role 2-Regarding children, Major role 3-Monitoring facilities and government facilities to reach, Major role 5- Maintain property and amenities, Community related responsibilities, Suggestions to strengthening SMCs and Action plans. Different group activities were conducted to make the sessions simpler to understand, to take hold of the sessions and to make the sessions more interactive. All the participants actively participated in the session and understood the concept well. SMC members agreed to work on these issues and resolve the same through the support of community,

stakeholders and government departments. SMCs will be able to improve their knowledge on different concepts related to SMCs and listed different issues related to their schools such as -

#### Issues found in 25 Schools

Title	Issues found	No of schools
In 25 Schools	lack of subject wise teachers	17
	lack of school compound	4
	basic infrastructures	7
	class room issues	3
	toilet facility	3
	Road related issues	1
	Mid-day meal issues	2
	Drinking water	1
	Library	2

#### 2.4.6 Formation and strengthening of children clubs

The organisation has planned certain activities to strengthen children clubs of the project. The project coordinator oriented the community mobilizers on the functions of child club, need of building rapport with the children, conveying children on monthly themes, assigning different activities to the children based on the monthly theme. Collecting the photographs of the children performance through phone and keeping the track of the activities. The project coordinator discussed the monthly activity planner with the members of children clubs in September. Based on the activity planner the children club members have done the activities related to the food loss and waste and presented their views. The project staffs motivated the children to do art and craft items at their home and to share the pictures. On October 10, 2020 "World post day" children were educated on the importance of post and postal cards and asked to write letters to their friends and post the same. 3 children posted their letters to their friends and 15 children were unable to go out and post them due to lock down. Children had also prepared creative Deepavali paper lanterns and shared the pictures. Regular follow ups were done to incorporate all the children to the clubs and engage them in different activities in order to provide better platform for their talents during the COVID 19.

2.4.7 Vidyagama ProgramIn August, the Department of Primary and Secondary Education had launched "Vidyagama" programme to reach out the students of government schools by taking classes at their doorsteps in their villages. Under this programme teachers met the children at

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playgrounds or temples near the students' residence and engaged them in academic activities. Every Govt. school formed a class with 10-15 students following COVID-19 guidelines viz., wearing a mask, sanitising hands frequently and maintaining distance wherever they met. As per the Reading improvement class schedule released by the Project team, backward student's details were collected from the Head teacher of every school. Teachers conducted reading improvement program like reading stories, newspapers, story writing etc. Students from poorer sections of the society were facing difficulty in online education as they did not have smart phones or the networks. For such students, Vidyagama program was very useful.

- 2.4.8 Monthly reporting of teachers: The reporting was organized regularly to know the overall impact of the modules through evaluation and address the gaps to better the child's performance in the respective month. The Organization has conducted teacher's monthly meeting to the 25 RIP & SIM teachers. During the meeting the teachers presented their monthly report on how they conducted the classes and challenges they faced. The monthly meeting will help the teachers to discuss the activities in order to make them more effective. The teachers were enlightened how to improve their own skills while keeping in mind SOP of Covid 19, as they used the above platforms to teach children better.
- 2.4.9 Child protection awareness program in 25 schools: The project coordinator oriented the instructor on the objectives of the planned session to spread safe and happy environment for children at school, community and home. Resource person educated the children on the child protection policies and procedures, information on neglect, physical, sexual and mental abuse, child labour, child marriage, good touch and bad touch, basic information on identifying possible child abuse cases and the methods of responding to the issues etc. Under group activities, small games and debate were organized to make them to have more clarity on the same. 25 instructors trained and improved their knowledge on the same and assured to act against the child abuse cases of their community with the support of the Organization, community etc.
- 2.4.10 Environment awareness campaign at school level: In 15 schools Eco club members participated in cleanliness campaign at school campus. The club members picked up garbage and weeds from the school ground and cleaned up school surrounding. Students interacted with the 16 residents, 12 Shop owners were made aware about the good sanitary practices such as clean toilcts, clean surroundings, removing plastic, cleaning Public Street and health and hygiene. The school takes initiatives to educate local people about sustainable environment.
- 2.4.11 Best out of waste: A creative activity "Best out of waste" was conducted in 25 schools to create awareness among the students about the importance of reduce, reuse recycle. Various spot competitions like Painting glass bottle, Popsicle photo frame, Flower vase, cotton mat

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making were conducted to emphasize upon reuse the waste materials. The students prepared many beautiful items like flowers out of waste and Vaz. The participants enthusiastically prepared different materials from the waste and also learnt the reuse of waste materials and conservation of natural resources.

#### 2.5 Daya Special School-Manos Unidas

Daya Special School is a wing of Capuchin Krishik Seva Kendra ® established in the year 2017. The school has 98 enrolled children in the year 2020-21 and provides various skill trainings, physiotherapy and speech and hearing sessions, skills trainings, medical check-ups, general speech and hearing camp, Covid 19 testing, Vaccination for the children activities are conducted during the time of COVID 19. Children are frequently contacted over the phone by the teachers and the follow ups are done in order to monitor their development and needs.

- 2.5.1 Training for appearing for SSLC: 7 children are being trained in the centre for appearing SSLC board exam. Among them three children have hearing problem and four slow learners. Initially the children are trained in basics skills like reading, writing, understanding the words and sentences. 5 Subjects such as Kannada, English, Science, Social Science and Mathematics are taught to the children along with games, arranging the cards and pictures for the better understanding of the concept. Children are able to do simple mathematics like addition and subtractions. The project strongly believes that the children will be well trained and gradually children will be building their confidence to appear board exam.
- 2.5.2 Training on tailoring and cloth mat making, craft work: Through this training the 2 children are taught to stitch the salver tops and cloth mats. As few more children engage themselves in the training, are unable to learn the skills faster as their grasping power is less and need more time to learn. Children also are doing cloth mats and use it for the sale purpose and along with this activity, the children are also taught to prepare wire bags, ear rings, bangles and phenol. Theses craft items and phenols are sold to the visitors. Altogether 15 children are taught under skill trainings.
- 2.5.3 Training on Flower vase, flower, envelop, paper bags, candle and phenyl: The Organization with the intension of providing skill training in different craft works has trained the project staffs on the same and selected the children those who can engage themselves in craft and trained them. Every day the classes are held to provide continuous training and all the children are actively participating in the training and have improved their skills. The prepared items are showcased at the centre and sold to the visitors and gifted to the visitors who visit the centre to celebrate their birthdays, anniversaries etc. 7 children are actively involved in the craft preparation.

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- 2.5.4 Physiotherapist Visit: The Organization has full time physiotherapist at the centre to provide physiotherapy sessions to 12 physically disable children who are attending the centre regularly. By understanding the need of children and their family, the Organization has planned to train the children on various fine and gross motor activities through different exercises. These children are provided therapies based on their severity, type of disability etc. Some o the commonly used exercises are Prone on Elbow, Quadruped positioning, Abdominal crunches, Bridging, Stretching of Hamstring, Calf, Hip flexors, Stretching of forearm and Hand muscles, Stretching of Bilateral hip adductions, Gait training, Stretching of auklet dorsiflexors, Harnstring Stretching, Hip Floor stretching, Standing balana, Ramp walking, Stair climbing, Sait training etc. After the training children shows drastic changes and the families are also appreciating and happy for their children. As the continuation of this training the therapist individually calls the parents and recommending the different exercises to be carried out during the COVID 19 lockdowns.
- 2.5.5 New physiotherapy hall and infrastructure is inaugurated: The organization with the support of CHS Caregivers and MLC fund has constructed a new hall and bought 24 various types of physiotherapy items to be used for the treatment of physically challenged children. This facility is great boon for the special children who need regular specialized exercises and therapies. We are very grateful to the donors.
- 2.5.6 Physician visits: The project with the support of the staffs of Fr. L.M.Pinto hospital, Badyar and Jyothi Hospital, Laila was organized monthly health check-ups for the children on 08.01.2021 and 13.01.2021. 28 children in the centre participated in the medical check-ups and got necessary prescriptions from the doctors to improve their physical health. The doctor prescribed the list of food items to improve the nutritional level and malnourishment of the children, they check body weight, ENT, blood pressure and 4 malnourished children are recommended the special food to be taken to improve their body weight. 6 Children are provided Vitamin syrups to improve their red blood cells and 4 children are provided ear buds to clean and care their ears.
- 2.5.6 Speech and Hearing Therapy: We have appointed a regular Speech and hearing therapiest. Altogether 12 children are trained on the speech and hearing therapies in order to improve their communication skills to lead self-sustainable life. Children are regular for the session only for few months and the children are contacted by the therapist over the phone due to the COVID 19 pandemic. Children of the centre are responding and improving in their communicative skills. The children with bilateral moderate hearing loss, bilateral profound hearing loss, learning disability, mental retardation to learning disability, autism spectrum

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disorder (ASD) and cerebral palsy are concentrated for the session and the constant speech and hearing therapy had brought drastic changes in their life and if they get more training they can able to communicate well with the others.

- 2.5.7 House visit, Counselling and motivation to parents by trained teachers: Through these activity 80 children and their parents were met at their home on weekly/monthly once by the staffs of the school due to COVID 19 pandemic. During the visit, the staffs collected the children's details, speech and hearing training, physiotherapy sessions, providing and guiding to do home works, providing counseling sessions, mothers were given activities to do for the whole week and to follow up their children etc. Nearly two and half hours were spent for each child with the all-necessary learning and therapy equipments the parents are trained on how to guide the children at home and make them self sustainable in their life. Frequent home visits help them to understand the children needs and to prioritize their needs and assisting them based on their needs.
- 2.5.8 Food and hygiene Kit distribution: On 01.10.2020 the Organization distributed food and hygiene kit to 85 children and their family. These food kit and hygiene kit was provided to the families to cope up with the emergency situation raised due to COVID 19 pandemic and to provide adequate nutritional supplements for the children to boost up their immunity system. The hygiene kit helped the children and family to give importance for their hygiene and inculcate the hygienic practices to protect against the pandemic.
  - 2.5.9 Consultation with parents about the development of the children: On 19.08.2020, 17.11.2020 and 20.02.2021 parents meeting was organized in order to get feedback from the parents and educate the parents on different issues related to COVID 19 and the future plans to continue the school activities and home-based therapies for children etc. The following points were discussed with the parents-the necessary precautions to be taken for the children as they are more vulnerable to get the disease, discussed about the students who appeared for the 10<sup>th</sup> grade exam and scored better marks and congratulated the staffs and the children for their efforts, family need assessment was done, importance of retaining hygiene of the children and their surroundings, importance of nutritious food for the children to improve their immunity system, received consent from the parents for the house visit by school staffs during COVID, continuation of online classes, availability of physiotherapy and speech therapy facilities at the centre with special vehicle facilities, parent's involvement in home based education etc were discussed and collected parents feedbacks and suggestions for the further improvisation.
  - 2.5.10 World disabled day: On 07.12.2020 the school celebrated world disability day with the parents and the children of the centre. Fr. Vinod Mascarenhas and school staffs were present



during the celebration. The need and the importance of the centre based education was explained and the different facilities such as physiotherapy, speech and hearing therapy, yoga sessions which are arranged on daily basis for the betterment of the children was explained and parents were enlightened on the importance of centre based education that triggers behavioral, mental and physical development and parents were convinced about the need of the parental support to the children to improve their self confidence to lead sustainable life.

2.5.11 COVID swab test for children and staffs: On 05.12.2020 and 05.01.2021 the health workers from primary health centre Ujire had visited the school and conducted swab test of 44 children and 9 staffs. The report was given after 4 days of the test and all had received negative in report. This facility helped the children and their parents by reducing their efforts to take the children to the hospitals and cope up with the crowds and by saving their time, money. Altogether 53 benefited by the program.

2.5.12 Ambedkar Jayanthi: On the occasion of Ambedkar Jayanthi, the equality day, the birthday of Dr. B R Ambedkar, the school celebrated the Jayanthi with the children on 14.04.2021. Fr. Vinod Mascarenhas, Fr. Rohan Lobo and the staffs of Daya School and Vimukti participated in the program. Fr. Vinod Mascarenhas explained about the efforts of Dr. B R Ambedkar in Indian Constitution. Ms. Divya T V enlightened about his childhood, his education and Ms. Zeeta and Vinaya spoke about 6 important fundamental rights of Indian citizen and the responsibility of a citizen towards his nation.

2.5.13 Adventurous camp for children: The Organization conducted an adventurous camp for the Daya children by strictly adhering to the Covid 19 precautions. The special children enjoyed the event within the limits of all pandemic regulations. It was an adventurous event for them to learn about nature, various plants, trees, animals etc. The special educators accompanied the children to the spot and explained them various wondrous of the nature.

Daya Special School always remains indebted to KCWA for the continued support and encouragement without which the Dream Daya would not have been possible to established and sustain. MANOS UNIDAS is another agency who has come to aid of Daya children by supporting children and the staff. Daya Special School always remains thankful to good the hearted donors such as UMK, Tulu Kuta, individual donors who have contributed towards the wellbeing of these vulnerable special children.

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### 2.6 Vimukti SHG Federation

- **2.6.1** World Environmental day The organization has held world environmental day celebration in 6 SHG clusters. In the program women were aware about the environmental issues by showing a Picture chart on same. To make the program more relevant the project distributed 1010 saplings of various fruits plants. Overall, 317 SHG members were benefited.
- 2.6.2 Training to SHG members on Child protection: Child protection training program was arranged in 4 SHG clusters the main objectives of this training was to spread awareness on safe and happy environment at home, school and community. The Project coordinator educated them on child protection policies and procedures are found in the Child related policies, provided information on neglect, physical, sexual, and mental abuse, Child labour, Child marriage, children on their rights, 'good and bad' touch concepts and dealing with them, provided basic information on identifying possible child abuse and responding to the concerns and the needs for a safe environment that offers protection and guidance for their basic health and well-being. Overall 62 SHG members were benefited.
- 2.6.3 Training to SHG members on Government schemes: The organisation has held training program to SHG members. In order to encourage the SHGs to receive the benefits from Government and departments and to make to self-sustain, trainings were organized for the 5 SHG clusters. The project staff briefed about the schemes like, Widow pension, Pradhana Manthri Rozgar Yojana, Rajeev Gandhi Chaithanya Yojana, Pradhan Manthri Employment generation Program, Chief Minister Employment generation Program, Mahatma Gandhi National Employment Rural Employment Guarantee Act, Educational loans, benefits from agricultural department etc. Thus all the SHG members were encouraged to apply one or the other schemes and get benefits from the scheme.
- 2.6.4 Training program on prevention and control of epidemic diseases: To raise awareness about the epidemic diseases among the SHG members the organisation had conducted session on prevention and control of epidemic diseases in 5 SHG Cluster. Project coordinator spoke on the importance of having personal and environment hygiene in preventing diseases. The session covered different topics like Chicken guinea, Malaria Corona virues, Dengue. The SHG members were informed about the advantages of cleanliness of surroundings healthy eating and also demonstrated the proper way of washing the hands.
- 2.6.5 World breastfeeding week: To promote breastfeeding and its benefits for the mother and child the organisation held a week long awareness program. Project coordinator provided information on maternal and child health care making, common problems encountered by mother, prenatal and postnatal care of the mother in terms of nutrition, sleep, relaxed mind, and

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knowledge regarding proper technique as a prerequisite for breastfeeding. Overall 88 SHG members were benefited in 7 SHG cluster.

- 2.6.6 World mental health day celebration: CKSK organised awareness session on mental health day. Project staff educated the SHG members on mental health concerns, strategies and practice tips, how to adapt to overcome the crisis faced by the Women's .120 participants attended the session.
- 2.6.7 National Girl child day: National Girl child day was celebrated at SHG cluster .The activities were organised such as Drawing competition, Slogan writing where the subjects dwelled on women's issues. SHG members created different slogans on the same.
- 2.6.8 Lantern making competition: On the occasion of Dewali, Lantern making competition was organised in SHG clusters .10 SHG cluster members prepared the creative Lantern. SHG members have been very creative and have put in a lot of hard work. They were awarded for the work.
- 2.6.9 Star making completion: A Christmas star making competition was held in SHG clusters.

  More than 15 SHG members took part. Most of the stars made were in accordance with the requirements of the contest. They were made of natural products, attractive and creative.
  - 2.6.10 General body meeting: The new office bearers were elected in the SHG General body meeting was held on 22-02-2021 for the next three years. Through the voting all the new office bearers were elected. The new team consists of the following; President Ms. Chaithra, Vice president Ms. Jomol, Secretary Ms. Ravi Kala, Vice Secretary Ms. Varija and Treasurer Ms. Jolly Mary. The outgoing office bearers were felicitated by the organisation for their dedicated work.
  - 2.6.11 International women's day celebrated at CKSK The organisation has celebrated international womensday. Mrs. Vidyadenakar, a social and environmental activist along with other dignitaries inaugurated the program, in her address highlighted the importance of independence in various spheres of a woman's life, from her workplace, to her home. She shed light on the various demand society imposes on her women. Thereafter the cultural programs are organised by the members of different SHG groups.

# 2.6.12 Aatidonji Dina programme

The Organisation held aatidonjidina programme at 5 SHG cluster. Project staff emphasized the significance of various food items and food culture of the monsoon season and also medicinal aspects present during the season and mentioned that the significance of the monsoon season must be aware to the children, youths and community.

# 3. Capuchin Krishik Seva Kendra ®Vimukti, Banakal

Capuchin Krishik Seva Kendra ® Vimukti, Banakal Unit renders its service to the downtrodden, vulnerable, marginalized, economically poor, especially women and children in 58 villages of Mudigere Taluk. There has been a constant effort to bring about awareness on different issues such as education, health related issues, sanitization, fight against social evils, rights of children, economic development, Self-employment and so on. Following are the different programmes and activities of this financial year:

## 3.1 World Environment Day Celebration

On 12<sup>th</sup> June 2020, CKSK, VimuktiBanakal Unit organized celebration of World Environment Day in Chegu village. Mr Suresh, President of Banakal Grama Panchayath was the Chief Guest for the programme. He emphasized the need of planting saplings against deforestation and destruction of environment. The participants were convinced on the need of planting trees. After the stage programme saplings were planted in the safe and secure places near the road side and public places. The women of the village took up the responsibility to take care of the saplings. The program was organized in the evening. 38 people participated in the program.

## 3.2 Program on COVID-19- Awareness, Prevention, Precautions and Care:

On 22<sup>nd</sup> June 2020, CKSK, VimuktiBanakal Unit organize a program on COVID-19- Awareness, Prevention and Care in Baggasagodu village. Dr Madhusudan, Health Official of Bharathibail Primary Health Centre was the resource person. He emphasized the need of wearing of masks, using sanitizers, social distance, social gatherings, prevention, precautions and care. 58 people participated in this program.

## 3.3 World Environment Day Celebration

On 22<sup>nd</sup> June 2020, CKSK, VimuktiBanakal Unit organized celebration of World Environment Day in Baggasagodu village. Ms Rathna, President of Phalguni Grama Panchayath was the Chief Gruest for the programme. The programme was organized at 4-00pm in BaggasagoduSamudaya Bhavan. Ms Rathna, the president of Phalguni Grama Panchayath explained the participants about the benefits of planting the saplings. After the stage programme saplings were planted by the participants and they took up the responsibility to care of them. 53 people participated in the programme.

# 3.4 Awareness Programme on Contagious diseases:

On 29<sup>th</sup> June 2020, CKSK Vimukti, Banakal unit organized an awareness Programme on Contagious diseases was organized in Niduvale Community Hall. Mr Manjunath, Senior Health Assistant, Mudigere and Ms Jalajakshi, District Health Official were the resource persons.

During the awareness programme the necessary information was given with regard to the prevention, precaution, treatment of the contagious diseases especially Maleria, Dengue, COVID-19, TB. The resource persons emphasized the need of preventing the spread of contagious diseases. The programme was concluded with vote of thanks. 52 people participated in this awareness program.

## 3.5 Independence Day Celebration:

On 15<sup>th</sup> August 2020, Independence Day was celebrated in Kuvempunagar by the members of Self Help Groups and Children clubs.

## 3.6 Health Awareness Programme on the Control of Intestinal Worms:

On 21<sup>st</sup> September 2020, CKSK, Vimukti, Banakal unit organized a Health Awareness Programme on the Control of Intestinal Worms was organised. Ms Shantha, Health Assistant of Banakal Primary Health Centre was the resource person. The resource person explained to the participants about the symptoms, causes and treatment for the control of Intestinal worms. 58 people participated in the programme.

## 3.7 Program on COVID-19- Awareness, Prevention, Precautions and Care:

On 5<sup>th</sup> October 2020, CKSK,VimuktiBanakal Unit organize a program on COVID-19-Awareness, Prevention and Care in Banakal. Ms Shantha, Health Assistant of Banakal Primary Health Centre was the resource person. She emphasized the need of wearing of masks, using sanitizers, Social Distance, Social Gatherings, prevention, precautions and care. 53 people participated in this program. After the awareness program, Ms Shantha, Health Assistant of Banakal Primary Health Centre along with Asha Health workers conducted the COVID-19 Test. 30 participants came forward for the COVID-19 Test.

# 3.8 Training on Income Generating Activities

On 19<sup>th</sup> October 2020, a training programme was organized on income generating activities for the members of Self-Help Groups of Sabli Village. Ms Vindya, the staff member of Vimukti, Banakal was the resource person. She insisted the participants to involve in the Income generating activities. 39 members benefited in this programme.

# 3.9 Training on Income Generating Activities:

On 19<sup>th</sup> October 2020, a training programme was organized on income generating activities for the members of Self-Help Groups of Mathikatte village. Ms Saroja, member of Banakal Grama Panchayath was the resource person. She insisted the participants to involve in the Income generating activities. 28 members participated in this programme.

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## 3.10 Training on Income Generating Activities:

On 22<sup>th</sup> October 2020, a training programme was organized on income generating activities for the members of Self Help Groups of Chegu village. Ms Bharathi, member of Banakal Grama Panchayath and Ms Vidya, member of Banakal Grama Panchayath was the resource persons. They insisted the participants to involve in the Income generating activities. 34 members participated in this programme.

# 3.11 Training on Income Generating Activities

On 26<sup>th</sup> October 2020, a training programme was organized on income generating activities for the members of Self Help Groups of Sabbenahalli Village. Ms Vindya, the staff member of Vimukti, Banakal was the resource person. She insisted the participants to involve in the Income generating activities. 27 members benefited in this programme.

## 3.12 Program on COVID-19- Awareness, Prevention, Precautions and Care:

On 2<sup>nd</sup> November 2020, CKSK, VimuktiBanakal Unit organized a program on COVID-19-Awareness, Prevention and Care in Banakal. Ms Sunitha, ASHA Health of Banakal Primary Health Centre was the resource person. She emphasized the need of wearing of masks, using sanitizers, Social Distance, Social Gatherings, prevention, precautions and care. 32 people participated in this program.

# 3.13 Personality Development training:

On 12<sup>th</sup> November 2020, CKSK, VimuktiBanakal unit organized a Personality Development training to the members of Children Clubs of Chegu village. Ms Bharathi, member of Banakal Grama Panchayath was the resource person. The Programme began at 2-00p.m. in the afternoon. The resource person emphasized on Stress Management, Positive thinking, Interpersonal relationships, Time Management, Developing Problem Solving Skills, to become responsible children at home, school and in the community and so on. 32 Children participated in the programme. The training was concluded at 4-30 pm with vote of thanks.

# 3.14 Celebration of Children's Day and Personality Development training:

On 14<sup>th</sup> November 2020, CKSK, VimuktiBanakal unit organized celebration of Children's Day and training on Personality Development to the members of Children Clubs of Subhashnagaar and Kuvempunagara. Fr George Monis from Ravi Ashrm, Banakal was the resource person. The Programme began at 3-00p.m. in the afternoon. The resource person emphasized on Time Management, Discipline, and so on. After the stage programme the children exhibited their creative talents such as preparation of models, singing and dancing. 36 Children participated in the programme. The programme was concluded at 5-30 pm with vote of thanks.

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## 3.15 Celebration of Children's Day and Personality Development training:

On 17<sup>th</sup> November 2020, CKSK, VimuktiBanakal unit organized celebration of Children's Day and training on Personality Development to the members of Children Clubs of Sabli village in Sabli Community Hall. Mr Shamanna, Member of Taluk Panchayath, Mudigerewas the chief guest for the programme. The Programme began at 11-00am with a prayer song followed by welcome speech and lighting of the lamp. Mr Shamanna emphasized on the importance of reading books, disciple, time management and so on. After the stage programme the children exhibited their creative talents such as singing and dancing. 38 Children along with their parents participated in the programme. The programme was concluded at 2-00 pm with vote of thanks.

## 3.16 Training on Income Generating Activities

On 20<sup>th</sup> November 2020, CKSK, VimuktiBanakal unit organized a training programme on income generating activities for the members of Self Help Groups of Baggasagodu Village. During the training different Government schemes and facilities that are available for the income generating activities were introduced. The resource person insisted the participants to involve in the Income generating activities in order to raise the income of the family. 36 members benefited from this programme.

## 3.17 Vidya Snehi Educational Support

On 21st November 2020, a programme was organized by CKSK, VimuktiBanakal unit to emphasize the importance of education and growing in excellence. The programme began at 10-00am with prayer song, followed by welcome speech and lighting of the lamp. Fr George Monis from Ravi Ashram, Banakal was the chief guest. He insisted the parents and the students to give importance to grow in knowedge, making use of the time, hard work and so on. 40 economically needy students were given Vidya Snehi Educational Support. 70 people participated in this programme.

# 3.18 Awareness Programme on Women's Rights

On 28<sup>th</sup> November 2020, CKSK, VimuktiBanakal unit organized an awareness programme on Women's Rights in Lokavalli village, Mudigere. 38 women participated in this awareness programme. The participants were enlightened about the women's rights and fight against social evils that threaten gender equality. Ms Lakshmi, member of Lokavalli Grama Panchayath was present for the programme.

# 3.19 Awareness Programme on Women's Rights

On 7<sup>th</sup> December 2020, CKSK, VimuktiBanakal unit organized an awareness programme on Women's Rights in Banakal, Mudigere. 61 women participated in this awareness programme. The participants were enlightened about the women's rights and fight against social evils that

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threaten gender equality. Fr Albert D Silva was the Chief Guest to the programme. He highlighted the role of women in upholding the women rights.

### 3.20 Programme on Motivating the Children to learn the Computer Skills:

On 31<sup>st</sup> January 2021, CKSK, VimuktiBanakal unit organized a programme on motivating the children to learn the Computer Skills. Fr Albert D Silva was the chief guest for the programme. He emphasized the importance of learning the computer skills in order to prepare for their career. 46 Children participated in this programme.

## 3.21 Awareness Programme on Harassment, Violence and Oppression on Women:

On 1<sup>st</sup> February 2021, CKSK, VimuktiBanakal unit organized an awareness programme on the violence and oppression on women. The awareness programme began at 10-30 am. During the programme different issues with regard to the harassment, violence and oppression on women were dealt. The participants were encouraged to educate the girl child, instill moral values in children. 64 women participated in this awareness programme.

### 3.22 Awareness programme on First Aid:

On 15<sup>th</sup>Febraury 2021, CKSK, VimuktiBanakal organized an awareness programme on First Aid in Banakal, Mudigere Taluk. The resource person Ms Shantha, Health Assistant of Banakal Primary Health Centre highlighted the most important aspects of First Aid especially during the time of accidental fall, road accidents, snake bites and when the person becomes sick. The resource person demonstrated the need of First Aid, especially during the time of person becoming breathless and unconscious. Ms Sunitha, ASHA health worker assisted Ms Shantha during the demonstration. 47 participants benefited from this awareness programme.

### 3.23 Training on Income Generating Activities:

On 18<sup>th</sup> February 2021, CKSK, VimuktiBanakal unit organized a training programme on income generating activities in Chegu Village. Mr Suresh, President of Banakal Grama Panchayath was the resource person. He explained to them the different government schemes and facilities that are available for the income generating activities He insisted the participants to involve themselves in the income generating activities. 52 members participated in this programme.

### 3.24 Training on Income Generating Activities:

On 22nd February 2021, CKSK, VimuktiBanakal unit organized a training programme on income generating activities in Sabli Village. The resource person explained to them the different government schemes and facilities that are available for the income generating activities. He insisted the participants to involve themselves in the income generating activities.

52 members participated in this programme.

### 3.25 World Women's Day Celebration

On 8th March 2021, CKSK, VimuktiBanakal unit organized the Vimukti Women Convention and the World Women's Day in Banakal Church Community Hall. The programme began at 10-30am with the solemn procession by the women. Most Rev Dr T Anthony Swamy, Bishop of Chikkamagaluru Diocese was the President and Rev Fr John Alwyn Dias, Provincial Minister of Karnataka Capuchin Province was the chief Guest along with other dignitaries. The President of the programme and other guests were taken in solemn procession to the programme hall. The programme began with the prayer song followed by welcome speech and lighting of the lamp. The President highlighted the need of empowering women in the society, educating the girl child, fighting against the atrocities on women and so on. He emphasized the need of developing leadership among women for the development of the society. During the programme the achievements of CKSK VimuktiBanakal unit from the past 20 years were highlighted. The beneficiaries were asked to work for the development of the society. After the stage programme, women from all the villages performed cultural programmes. The programme was concluded at 5-00pm in the evening. 1100 women participated in the programme.

### 3.26 Programme on Stress Management:

On 15<sup>th</sup> March 2021, CKSK Vimukti, Banakal unit organized a training programme on Stress Management. The training programme began at 10-30am with a prayer song, followed by welcome speech and lighting of the lamp. Dr Sr Judy Lewis, from Sampoorna Counselling Centre was the resource person. She explained about the need of Stress Management, taught the participants the different techniques of stress Management. The session was organized through different activities, brain storming exercises and so on. The training programme was concluded at 2-00pm with vote of thanks followed by national anthem.

# 4. Asha Kiran Integrated Rehabilitation Centre for Addicts (IRCA), Badravathi

Asha Kiran Rehabilitation Centre for the Addicts (IRCA), a unit of Capuchin Krishik Seva Kendra® gradually made progress during the period between April 2020 to March 2021 amidst Covid-19 pandemic in serving the addicts and their families. Various programs and activities gave unique experience to the in-patients and out-patients as well. This year the centre focused upon enhancing the quality of the treatment of the addicts as well as the welfare of their families. Special attention was paid to the follow-up activities through counseling over the phone as there were restrictions to visit the families of the addicts who were treated here. Utmost care was taken to protect the inmates from being infected by the Covid-19 virus by way of using masks,

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sanitizer, maintaining safe distance, providing hot water to drink and to bathe. We made RT-PCR Test mandatory for all the addicts who wanted to get admitted in our Centre. Only those with Negative Results were admitted and were quarantined for the period of one week before they joined others for Treatment Program. Proper awareness was given regarding personal protection during the pandemic. The inmates and their families were encouraged to take vaccine at the earliest.

### 4.1 List of Inmates during current year

	Male	Female	Total
In-Patients	85	3	88
Out-Patients	68	2	70
Total	153	5	158

### 4.2 International Yoga Day Celebration

Yoga and Meditation help the addicts to a greater extent in their struggle against addiction and on the path of recovery. Giving importance to spiritual traditions of the nation, we observed the International Yoga Day at our Centre on 21st June 2020. All the staff participated in the celebration actively by way of performing various Yoga Asanas.

## 4.3 International Day against Drug Abuse and Illicit Trafficking

On 26th June 2020 International Day against Drug Abuse and Illicit Trafficking was held in our Centre. Sr. Irene Lewis, the Principal of Nirmala College of Nursing, Bhadravathi and Dr.HarishaDelanthabettu, well-known Psychiatrist of Bhadravathi were the Chief Guests. There were around 40 participants comprising of recovered addicts, well-wishers and staff.

### 4.4 Independence Day

We celebrated the 74th Independence Day of our Nationin our Centre on 15th August 2020. We upheld the spirit of patriotism and gave due respect to our National Flag. Dr.HarishaDelanthabettu the Medical Officer of the Centre hoisted the National Flag and during his speech he enlightened the gathering about the importance of freedom and the struggles undergone by the freedom fighters to get the independence.

#### 4.5 Inspection of the Centre

a) Dr.Rajshekhar, DMHO of Shimoga visited the centre on 29th June 2020 for the inspection. He went through the documents and registers pertaining to the IRCA and was very much satisfied by the way it was maintained. He was extremely happy about the way the centre is functioning. He advised us to follow all the precautionary measures during the time of Covid-19 Pandemic.

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b) Mr. Aneesh Suresh, PMU State Coordinator visited the centre on 23rd September 2020 for the inspection. He examined the infrastructure and all the facilities available to the inmates. He spent a lot of time going through all the documents and registers of our IRCA. He offered valuable suggestions for the betterment of the centre.

### 4.7 Internship Program for Students

We had two Students, Harsha H.U. and Vishnu Naik from the Department of Social Work, Kuvempu University, Shimoga for the concurrent field work in our Centre twice a week i.e., on Wednesdays and Saturdays starting from the first week of February. They had a very enriching experience at the Centre and gained first-hand knowledge of the de-addiction treatment done in the Centre as they interacted with the inmates as well as the Staff. Along with fulfilling their requirement they shared their knowledge, friendship and guidance to the inmates of the Centre. Variety of activities they conducted for the inmates kept them busy and free of all worries. On the last day of their visit the students put up a cultural event which was beautifully carried out.

## 4.8 Training Program attended by our Staff

Participants	Dates	Organized By	Subject Matter
Fr. Prakash Pinto	11.09. 2020	NISD	Inhalant use among children
(Project Director)			
Mrs. Shubha	18.09.2020	NISD	Drug (Substance) Abuse
(Counselor)			Management Strategy
Ms. Annamma (Nurse)	19.10.2020	NISD	Psychoactive Substances,
			Characteristics and Consequences
Fr. Prakash Pinto	02.11.2020	NISD	Screening, Follow Up and After
(Project Director)			Care issues in Persons with
			Substance Abuse
Br. Melroy P. D'Silva	06.01.2021	NISD	Prevention of Substance Use
(Peer Educator)			Disorders
Fr. Prakash Pinto (Project	23.03.2021	SLCA Karnataka	Training program on thematic
Director)			issues including Counseling,
Fr. Jeevan (Social Worker)			Relapse Prevention, Basic of Drug
Mrs. Shubha (Counselor)			Abuse, and Documentation and
Mrs. Annamma (Nurse)			Records keeping.



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# 5. Ashakiran De-addiction Centre, Palya

Capuchin Krishik Seva Kendra® has added a feather to its cap as it laid the foundation stone for the de-addiction centre at Palya. Considering the plight of the persons with addiction and their families CKSK had started a deaddiction centre in 2001 at Badravathi. It is a long-awaited dream of the society to start another centre at Palya which is been realised because of the generous contributions of several donors and wellwishers. Hence, we have second deaddiction centre also named Asha Kiran at Palya.

ASHA KIRAN is translated as "Ray of Hope" which is true to the nature of deaddiction centre giving hope and confidence to those who get treated here. This center is situated at Palya a small village Hassan District on the National Highway 75 linking the cities of Bangalore and Mangalore. The Asha Kiran at Palya is started to cater to the needs of the persons with substance use disorder mainly alcohol. Most of the people with addiction are from lower middle class and poor, under employed workers from unorganized or agricultural sector. Asha Kiran concentrates on changing the lifestyle of these persons not just in deaddiction but promising a better life and dignity in the family and society.

Asha Kiran, is a 20 bedded, government recognised institution that caters to the persons with alcohol addiction. The institute also provides counselling services. The Centre has sophisticated infrastructure, qualified staff, it provides treatment, therapies and prevention practices. It provides nutrition and rest, lessons and group dynamics, yoga and meditation, counselling and follow up programs.

The construction work to this purpose was started on 18<sup>th</sup> January 2021 having received the funds from the Province of Emilia Romagna. The work was assigned to Trinity Builders Bangalore in the total area of 4500 square feet. The Centre is being built as per the directives given by mental health department of Karnataka government. The roofing has best sheets of silver colour coated Galvalume roofing system, and to avoid the heat and cold we are fixing PVC false ceiling. The inauguration of the centre is planned in month of May and the admissions and treatment will be started soon after the inauguration.

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### Annual Report of Capuchin Krishik Seva Kendra® 2020-21

Conclusion: The elaborate report of the activities is a solid proof of the significant fulfilment of the gaol, vision and mission of the Capuchin Krishik Seva Kendra. The society is grateful to its President John Alwyn Dias for his constant support and all the members of the Governing Council for their cooperation, collaboration, coordination, and suggestions in implementing the various projects.

The society always remains indebted to all the financing agencies such as Child Fund India(CFI), Manos Unidas(MS), Volkart Foundation Indian Trust (VFIT), Kuwait Canara Welfare Association (KCWA), United Mangalorean Kuwait (UMK), Capuchin Province of Emilia -Romagna, Voice foundation, CHS-Caregivers-New-York, Tulukuta-Kuwait, Deccan Herald PrajavaaniRelief Trust, RRTC South-III, Directorate and Secretariate for the empowerment of Differently Able and Senior Citizens, Bangalore, Ministry of Social Justice and Empowerment, Government of India for aiding our De-addiction centre and to all the individual and family benefactors.

Finally, we cannot forget the selfless services rendered by the entire staff and the helpers who implemented the projects by carrying out various social activities for the service of the society especially for the empowerment of women, children, youths, farmers and all the value able people of the society.

Name & Sign

Fredrick Braggs

Secretary CKSK

SECRETARY

CAPUCHIN KRISHIK SEVA KENDRA (R.) DAYALBAGH, P.B. No.1, UJIRE - 574 240 KARNATAKA STATE, INDIA

Date: 15-09-2021

Place: Dayalbagh Ashram, Ujire-Belthangady.